

### Open with Serenity Prayer

- **Read Step 7**
  - Humbly asked Him to remove our shortcomings.
- **Read Tradition 7**
  - Every OA group ought to be fully self-supporting, declining outside contributions.
- **Read Concept 7**
  - The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.

### Introductions

- First Name, ID yourself as a meeting Rep (which meeting) or visitor.
- Rename yourself if you are a meeting representative by placing an "(A) " before your name
  - 12 people in attendance; 5 group representatives
- Review of the meeting protocol (timer for meeting) and main motion process (3 pros and 3 cons per motion; 1 minute per person)
  - June Minutes – Karen and Shirley – Minutes Approved
  - June Treasurer's Report – Devorah and Ann – Report Approved
- Ask for a volunteer to be timer

### Chairperson Comments

- Rides to Convention in Orlando

**July 22, 2025 @ 7:00 pm**

- Newsletter contributions welcome; please share the newsletter in your groups and encourage others to contribute. Send to [chair@OAPinellas.org](mailto:chair@OAPinellas.org)
- Speakers and other service opportunities at the World Service Conference Aug 21-23, 2025 in Orlando.
- PTI Elections in November: Treasurer, Vice Chair (open in September)

### **Vice Chair Comments**

- Devorah said she will be leaving the country on September 14th, so that will be the end of her service to PTI. We will need a replacement.

### **Committee and Representative Reports**

- 12th Step Within Committee - Cindy B.
- PIPO Committee - Shirley Q.
- IGOR Committee - June P.

### **Old Business**

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### **New Business**

- InterGroup Renewal Initiative (see attachment) and below for overview.
- Motion to assemble group 4-6 people and undertake Intergroup Renewal Initiative—
  - o Will and Cindy propose motion – all in favor – motion passes.

**Take back to your group:** Meeting notes and upcoming events.

### **Next Monthly PTI Meeting**

- Tuesday, August 26th at 7:00pm, Meeting ID 840 2699 8998, Passcode: service

**Motion to Adjourn:** Motion by Robin @ 7:58 pm

**Close with Serenity Prayer**

## **Intergroup Renewal**

Overeaters Anonymous is **relevant**.

A recent study estimated that excess weight was responsible for more than 1,300 premature deaths per day (nearly 500,000 per year) in the U.S.

“Before we found OA, every diet or a period of control was followed by a period of uncontrolled eating.”

### **What are we doing here?**

I am here for abstinence and a spiritual experience.

I am receiving

- Peace of mind
- Clarity
- Freedom
- Improved health and activity
- A sense of belonging
- Personal growth
- Humility (“Which we soon discovered to be a healer of pain”)
- Teachability
- Fellowship
- Being one among many
- Acceptance
- The ability to let go
- The ability to productively harness creativity
- Adventure
- The opposite of “restless, irritable and discontent”
- All of the ninth step promises listed in the A.A. Big Book
- “Love and understanding beyond my wildest dreams.”
- When I am abstinent, I make better choices.

## **Intergroup Renewal (Continued)**

Mission: to be a high-value organization whose top priority is to help members strengthen their personal recovery.

### **Goals**

- Help members strengthen their personal recovery.
- Increase the number of abstinent sponsors.
- Increase the number of newcomers.
- Increase the retention of newcomers.
- Help those in relapse.
- Inspire people to give more service.
- Increase outreach and public information activities.

***Everything*** in OA begins with personal recovery. Intergroups whose highest priority is to help people strengthen their recovery via training and education that supplements sponsorship, have the potential to renew not only themselves, but OA overall.

**“Obviously, there will be disagreements, but it’s always disagreement and the diversity of opinions that lead to the most creative and useful ideas.”**