

# Courage

oapinellas.org

PTI Monthly Newsletter

July 2025

## **PROMISE #7**



“We will lose interest in selfish things and gain interest in our fellows.” One of the easiest ways to get unstuck is to call someone and sincerely ask about their day. I’ll make a note in my calendar to remind myself when people have special events like a surgery or family get together to remind me to ask, “how did it go?”

- JC



## **2025 OA World Service Convention** <https://oa.org/world-service-convention/>

This year OA’s World Convention is in our backyard! Join us August 21-23 at the Renaissance Orlando - SeaWorld. A limited number of **Scholarships** are available for those who need financial help to get there. First come first served!

[LEARN MORE](#)



Feeling "**BAD**?"

**BAD**

WINs to:

**B AD**

**B** the **AD**, advertisement, you would like for your recovery.

'Act as if..."

Feeling **AFRAID**?

**AFRAID**

WINs to:

**FAR AID**

There is **FAR** reaching **AID** when I walk and practice my program with my Higher Power.

I am **SECURE** with my Higher Power.

**SECURE**

WINs to:

**C ES U R E**

**C** (see) **ES** (ease).

**U** (You) **R** (are) **E**nergy of love, strength, and action.

My **FUTURE** Recovery

**FUTURE**

WINs to:

**F U TRUE**

Forward **U** move!

My HP and I reveal what's **TRUE** to me one day at a time.

## **Willingness is not "All or Nothing"**

I have heard it said at meetings many times that willingness is the key. I see now that my willingness is not an All or Nothing requirement. There are things that I can be doing while I'm waiting for 100% willingness. I can go to more meetings and read the literature. I can tell my sponsor when my first reaction to her suggestions is "NO". I can say it out loud. There are no hard and fast rules in OA.

Today I may not be willing to work the steps but maybe next month. Today, I may not be willing to make outreach calls but maybe I will answer if someone calls me. Today, I'm not volunteering for service but maybe next time they ask me. When I think about it, I see that my recovery started with a NO and blossomed into many MAYBES. Baby steps to willingness. What am I willing to do today?

**- Cindy B.**

## **The Importance of Different Opinions**

Recently I have been repeatedly reminded that I particularly need to be with people I occasionally disagree with who I care about and who care about me. I tend to have subconscious judgments and then my conscious thinking gets in gear to bolster my belief in those judgments. I must be around people who have ideas different to mine, but who also have a commitment to communicate in love.

Many, many times I have adjusted my opinion after hearing other people express a different opinion. My younger brother, a fellow 12 step recovery traveler, has said "In a discussion meeting I don't really understand the topic until everyone has shared." I love that willingness to keep an open mind and to adjust my thinking if I learn that I had it wrong, or I didn't have all the information, or that my perspective is tainted by my own internal bias.

Thank you to OA for providing me with that valuable forum to get my head straight.

**- Will F.**

**Links:**

Looking for a Sponsor? Click [here](#)

Willing to be a Sponsor? Click [here](#)

Interested in Service? Click [here](#)

Join the PTI Mailing List - click [here](#), then scroll down slowly

PTI Meeting List? Click [here](#)

Upcoming Events? Click [here](#)

**Meeting Highlight:** Wednesday 10:30am Welcome Home OA at the Dry Dock  
Dry Dock Center, 1733 S Pinellas Ave. Tarpon Springs, FL (Literature Meeting)

## From our Literature

**Step Seven:**

Humbly asked Him to remove our shortcomings.

**Tradition Seven:**

Every OA group ought to be fully self-supporting, declining outside contributions.

**Concept Seven:**

The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.

**This Month's Tool: Meetings**

Meetings give us an opportunity to identify our common problem, confirm our common solution, and share the gifts we receive through this Twelve Step program. In addition to face-to-face meetings, OA offers telephone and other types of virtual meetings that are useful in breaking through the deadly isolation caused by distance, illness, or physical challenges.

**This Month's Pamphlet: Think First...We can live life without compulsive eating (Click [HERE](#) for link to pamphlet)**

*When the compulsive urge strikes, instead of food, turn to this pocket-sized reminder for a quick and potent list of OA's alternatives. Copyright 1995. Wallet card.*





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## Word Find: - Words are from 7th Step, Tradition and Concept...

**Humbly**  
**Every**  
**Rights**

**Asked**  
**Fully**  
**Responsibilities**

**Remove**  
**Declining**  
**Accorded**

**Outside**  
**Contributions**  
**Bylaws**

Words can go in any straight line direction (Up, down, left, right, diagonal up, diagonal down). The answer is at end of newsletter, just before the meeting list.

```
f n t k o u t s i d e w k f k
w b f v h j o i o k v i k r k
b q a x s u h x k c s v c e m
c o n t r i b u t i o n s s m
w e j m i v a s h t o d w p a
t l e j g p o c h n q v z o s
g t h y h z b v c t g r v n z
s e b b t t t t g w k m c s e
m v i s s r i e a i s x f i a
w e o b y b b a c s x x u b s
p r e m o v e r c e w j l i k
d y f a e f k x o w c y l l e
o t y c i h k b r n y y y i d
y b y l a w s b d u u r n t t
h i e g i l i s e w p i f i a
c c d v x v q r d p f j s e o
d x r c j i n l b m w w f s x
n c x m k d e c l i n i n g d
m s a m o n w z u y q f g n t
d a u q q n z w h u m b l y k
```

## **Our OA Responsibility Pledge**

"Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible."

### **NEWSLETTER CONTRIBUTIONS APPRECIATED!**

If you are interested in sharing your story in our monthly Newsletter or have any type of submission appropriate for inclusion, please send an email to [chair@oapinellas.org](mailto:chair@oapinellas.org) or call our hotline (727) 279-5630.

Note: All graphics in this newsletter were generated using AI tools and are royalty free. -Will F.

## **Upcoming Events:**

### **World Service Conference August 21-23**

Renaissance Orlando - SeaWorld (See Page One)

### **HOLI-DAZE Labor Day - One Hour Only**

Monday, September 1st, 2025

12pm-1pm Eastern

Meeting ID: 959 959 1828 Passcode: 718863

To phone in, find your local number [HERE](#)



## **PTI's Hotline (727) 279-5630**

**PTI's QR Code**



## WORDFIND Answer Grid

f	n	t	k	o	u	t	s	i	d	e	w	k	f	k
w	b	f	v	h	j	o	i	o	k	v	i	k	r	k
b	q	a	x	s	u	h	x	k	c	s	v	c	e	m
c	o	n	t	r	i	b	u	t	i	o	n	s	s	m
w	e	j	m	i	v	a	s	h	t	o	d	w	p	a
t	l	e	j	g	p	o	c	h	n	q	v	z	o	s
g	t	h	y	h	z	b	v	c	t	g	r	v	n	z
s	e	b	b	t	t	t	t	g	w	k	m	c	s	e
m	v	i	s	s	r	i	e	a	i	s	x	f	i	a
w	e	o	b	y	b	b	a	c	s	x	x	u	b	s
p	r	e	m	o	v	e	r	c	e	w	j	l	i	k
d	y	f	a	e	f	k	x	o	w	c	y	l	i	e
o	t	y	c	i	h	k	b	r	n	y	y	y	i	d
y	b	y	l	a	w	s	b	d	u	u	r	n	t	t
h	i	e	g	i	l	i	s	e	w	p	i	f	i	a
c	c	d	v	x	v	q	r	d	p	f	j	s	e	o
d	x	r	c	j	i	n	l	b	m	w	w	f	s	x
n	c	x	m	k	d	e	c	l	i	n	i	n	g	d
m	s	a	m	o	n	w	z	u	y	q	f	g	n	t
d	a	u	q	q	n	z	w	h	u	m	b	l	y	k

## IN MEMORIAM

### For Liz

Her laughter filled the quiet air,  
A gentle soul, a spirit rare.  
She showed up true, she showed up kind,  
And left her joy in hearts behind.





# PINELLAS TRADITIONS INTERGROUP MEETING LIST

June 2024

**PLEASE NOTE:** All meetings are open meetings unless indicated otherwise.

\*\* Closed Meetings (OA members only)

*If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.*

DAY	TIME	MEETING NAME / TYPE	MEETING FORMAT	LOCATION / ZOOM INFO	CONTACT
Mon	11:00 AM OA# 46182	Just For Today <b>FACE-TO-FACE</b>	12 & 12 / Big Book	Palm Harbor Presbyterian Church 2021 Nebraska Ave. Palm Harbor, FL  <b>Go to double doors and ring the doorbell to be let in.</b>	Martha (727) 455-5856
Mon	12:00 PM OA# 801411	Voices of Recovery <b>ZOOM ONLY</b>	Voices of Recovery Discussion	Meeting ID: 756 6503 6069 Passcode: voices <a href="https://us02web.zoom.us/j/75665036069?pwd=SWIZU0YvUXBTNkI4SEFIVFhCaVNSZz09">https://us02web.zoom.us/j/75665036069?pwd=SWIZU0YvUXBTNkI4SEFIVFhCaVNSZz09</a>	Ann G. (212) 399-7099
Mon	4:00 PM OA# Pending	<b>ZOOM ONLY</b>	Newcomer/Young People Meeting	Meeting ID: 896 9051 0570 Passcode: NewtoOA <a href="https://us02web.zoom.us/j/89690510570?pwd=Ry9NWG5JRvFsSWIzakdmbXF0aURzd09">https://us02web.zoom.us/j/89690510570?pwd=Ry9NWG5JRvFsSWIzakdmbXF0aURzd09</a>	Shirley Q. (727) 916-2199
Tues	10:00 AM OA# 54726	<b>FACE-TO-FACE</b>	Daily Readings Open Discussion	REBOS 5639 54th Ave. N. Kenneth City, FL	Cindy B. (813) 454-7941
Tues	5:30 PM OA# 57219	<b>FACE-TO-FACE</b>	Step/Traditions Meeting	Sabala Plaza 14100 Walsingham Rd., Suite 32 Largo, FL 33774	Kelly D. (727) 542-4525
Wed	10:30 AM OA# 57239	<b>FACE-TO-FACE</b>	Literature Meeting	<b>WELCOME HOME OA AT THE DRY DOCKS</b> Dry Dock Center 1733 S Pinellas Ave. Tarpon Springs, FL	Linda (813) 545-0841
Wed	6:30 PM OA#10359	Beach Bunch <b>ZOOM ONLY</b>	Open Discussion	Meeting ID: 730 1090 2349 Passcode: Hope <a href="https://us02web.zoom.us/j/73010902349?pwd=Y0VENDNic0hWSTFrSDJFc1RqSHZQU09">https://us02web.zoom.us/j/73010902349?pwd=Y0VENDNic0hWSTFrSDJFc1RqSHZQU09</a>	Donna D. (727) 480-0865
Thur	10:00 AM OA# 58147	NEW Meeting <b>FACE-TO-FACE</b>	Literature	Sunshine Health, Conference Room 5035 US Highway 19 New Port Richey, FL 34652	Shirley Q. (727) 916-2199
Thur	5:30 PM OA# 49784	Steps to Freedom <b>FACE-TO-FACE</b>	Focusing on Recovery through the Steps and Traditions	St. Cecelia's Church, Room A 820 Jasmine Way Clearwater, FL	JC (813) 240-8572
Thur	5:30 PM OA# 800155	Steps to Freedom <b>ZOOM ONLY</b>	OA & AA 12 & 12 Step Study	Meeting ID: 222 498 444 Passcode: 008551 <a href="https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJ0RGJnbFVzOVJMQT09">https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJ0RGJnbFVzOVJMQT09</a>  <b>Meeting closes to additional members joining at 5:45 PM EST to limit intruder activity.</b>	Stephanie (727) 641-3437
Fri	10:00 AM # 57404	<b>FACE-TO-FACE</b>	Downtowners	140 4th St. N St Petersburg FL 33701  Entrance is on 2nd Ave. N. Some parking is available in the lot across the street. Metered parking is also available. Come up the ramp to side door.	(727) 310-5760

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Fri	12:00 PM OA# 801412	Message Carriers <b>ZOOM ONLY</b>	Open Discussion	Meeting ID: 828 2766 5988 Passcode: oarocks <a href="https://us02web.zoom.us/j/82827665988?pwd=NjBOa mRiRFovaEpGellPY3lNVEVEZz09">https://us02web.zoom.us/j/82827665988?pwd=NjBOa mRiRFovaEpGellPY3lNVEVEZz09</a>	Ann G. (212) 399-7099
Fri	1:30 PM OA# 08937	New Beginnings <b>FACE-TO-FACE</b>	Literature	St. Andrew's Episcopal Church - Colton Hall 2301 Deltona Ave. #3327 Spring Hill, FL	Claudia S. (352) 238-8777
Fri	6:00 PM OA# 49602	Nitty Gritty <b>FACE-TO-FACE</b>	Big Book	Gulfport Neighborhood Center 1617 49th St. S. Gulfport, FL	Judy C. (201) 259-3924
Fri	7:00 - 8:15 PM OA# 09412	PTI Meeting <b>ZOOM ONLY</b>	4 <sup>th</sup> Tuesday Only All OA's welcome	Meeting ID: 859 3298 4082 Passcode: 259647 <a href="https://us02web.zoom.us/j/85932984082?pwd=TjUrSzJ jQTc3TEh1bitQTE8rUFZzUT09">https://us02web.zoom.us/j/85932984082?pwd=TjUrSzJ jQTc3TEh1bitQTE8rUFZzUT09</a>	Will F. (407) 580-8187
Sat	8:00 AM OA# 36776	<b>ZOOM ONLY</b>	Step 11	Meeting ID: 878 7335 5684 Passcode: step11 <a href="https://us02web.zoom.us/j/277327215?pwd=bU5WR1 FsZUpwQWJvUjNzR04yM3pidz09">https://us02web.zoom.us/j/277327215?pwd=bU5WR1 FsZUpwQWJvUjNzR04yM3pidz09</a>	Rita S. (727) 310-5760
Sat	10:00 AM OA# 45426	First Fellowship <b>FACE-TO-FACE</b>	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave. Palm Harbor, FL	Pat G. (727) 784-3375
Sat	10:30 AM OA# 27235	Saturday Serenity <b>ZOOM ONLY</b>	Big Book	Meeting ID: 842 6203 9443 Passcode: Bigbook <a href="https://us02web.zoom.us/j/84262039443?pwd=OUZu OVNmMVoyNlloUTFOdWtyMWFTQT09">https://us02web.zoom.us/j/84262039443?pwd=OUZu OVNmMVoyNlloUTFOdWtyMWFTQT09</a>	Cora L. (813) 956-4642
Sat	12:30 PM OA# 52497	Clearwater Men's <b>ZOOM ONLY</b>	Men's Meeting	Meeting ID: 837 9983 1583 Passcode: Recovery <a href="https://us02web.zoom.us/j/83799831583?pwd=eIVrakxYV VBUbWVCRVZTaktFa05ydz09">https://us02web.zoom.us/j/83799831583?pwd=eIVrakxYV VBUbWVCRVZTaktFa05ydz09</a>	Joel (727) 560-2634
Sun	6:00 PM OA# 32923	Clearwater Oasis <b>ZOOM ONLY</b>	Big Book (90 Days)	Meeting ID: 817 3809 4727 Passcode: bigbook <a href="https://us02web.zoom.us/j/81738094727?pwd= ZTNKWWREcDF2VTNlaVp0Zk1vOGRIQT09">https://us02web.zoom.us/j/81738094727?pwd= ZTNKWWREcDF2VTNlaVp0Zk1vOGRIQT09</a>	N/A
Sun	6:00 PM OA# 49012	Beginner's Meeting <b>FACE-TO-FACE</b>	Beginners / Step Study	Gulfport Neighborhood Center 1617 49th St. S. Gulfport, FL	Judy C. (201) 259-3924

**Pinellas Traditions Intergroup meets the 4<sup>th</sup> Tuesday of each month 7:00 – 8:15 PM**  
**Meeting ID: 804 2699 8998 Passcode: 259647**

<https://us02web.zoom.us/j/84026998998?pwd=UTBzSjVsTWtzbFN0UEhXcjBaeEdxZz09>

Visitors welcome and service positions are available.

**Contact:** Will F. (407) 580-8187

**OA World Service Telephone:** 505-891-2664 **Website:** <http://www.oa.org>

**To find telephone or online meetings, please go to:** <https://www.oa.org/find-a-meeting>

**Pinellas Traditions Intergroup Website:** <http://oapinellas.org>