



Pinellas Traditions Intergroup Newsletter



Volume 12 - Issue 5

May 2017

Our Trusted Servants

CHAIR:

Joan R.
(727) 785-9208
chair@oapinellas.org

VICE CHAIR:

Seat Vacancy

TREASURER:

Ruby H.
(813) 516-0782
treasurer@oapinellas.org

SECRETARY:

JC
(813) 240-8572
secretary@oapinellas.org

NEWS EDITOR:

Joan R.
(727) 785-9208
newsletter@oapinellas.org

Send Mail To:

Pinellas Traditions Intergroup
PO Box 16582, Clearwater, FL 33766
Visit us online at oapinellas.org

Monthly Intergroup:

The Pinellas Traditions Intergroup (PTI) meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be held:

May 19, 2017 at 6:30 p.m.

Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas St. / Off Harrison
Clearwater, FL 33756

To receive monthly copies, or contribute to the Newsletter, please email the editor at newsletter@oapinellas.org. Contributions must be received by the first Friday of the month.

Step 5

“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”



Tradition 5



“Each group has but one primary purpose -- to carry its message to the compulsive overeater who still suffers.”

“When we apply OA’s Tradition Three, we find the treasure of friendship often where we least expect it, with people we once would have excluded from our lives. Such treasure is all around us, and all we have to do is open our hearts to receive it.”

-OA 12&12, page 135

After being in OA a while, I look at who is in my life. The majority of my friends are those I met in these rooms, those who walk the path of recovery with me. When I think of my friends, sometimes I laugh. Most of them are not people who would have been my friends “in the real world.” We seem to have little in common. The Big Book tells me that we are like those rescued from a sinking ship. We have in common the peril of compulsive overeating and the common solution found in the Twelve Steps. That provides a bond different from any I have experienced before. Many of these people I would have rejected as being too good for me or not good enough. I’m grateful that I saw the treasure of friendship and that God opened my heart to receive it.

-Voices of Recovery, page 108

Concept 5

“Individuals have the right of appeal and petition in order to ensure that opinions and personal grievances will be carefully considered.”



“Growing Gratitude”

“Life will take on a new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see fellowship grow up about you, to have a host of friends – this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.”

AA, page 89

This Twelfth Step promise in the Big Book has been my reality for several years. Shortly after my first miracle (I had a spiritual experience and was gifted with abstinence six years ago), my first sponsor guided me to serve others. She asked me to pick up members who needed rides to meetings, encouraged me to start sponsoring and chairing, and told me to attend intergroup meetings.

Service work has been instrumental in my growth and has woven its way into the fabric of my being. These are some of the growth opportunities and rewards I’ve experienced over the years:

- I’m less selfish. I work Step Seven, and I’ve become useful to my fellows.
- Service diminished worry. I stay too busy to be concerned with life’s problems for long. I am learning to live on life’s terms.
- I stay connected to others in OA. Service helps me to practice reaching out and making phone calls, and I get to meet new OA members from all over.
- I’m never alone in doing service work; if I need help, I ask, which teaches me humility.

By keeping OA alive and thriving, I focus on what I can do to help those still suffering inside and outside our groups.

I enjoy taking on new challenges. It’s scary, and often I have no idea what I’m doing, but I tackle the job, guided by God and OA members who have gone before me in the service position. It feels good when I learn new things and grow.

Service gives me a lot of gratitude for my recovery, OA, and God. It also helps me with being patient, with letting go and letting God. I remember that God is in our groups and group conscience. I may not always get my way, and it’s okay because I’m learning to grow up emotionally.

As always, Tradition Twelve (“placing principles before personalities”) keeps me coming back to serve at all levels. It’s no mistake that there is a whole chapter in the Big Book on working with others. Service is slimming, but oh so much more. It still amazes me that OA members are not arm-wrestling to do service work at all levels.

I pray for the day that all OA members say “Yes” to service.

Kim B, Racine, WI
Reprinted from Lifeline Magazine May/June 2016

RECOVERY FROM RELAPSE

Are you aware that we have a “Recovery from Relapse” mentor program available through the Region 8 website? We can provide you with someone who is familiar with relapse. They are willing to share their experience, strength, and hope.

To access the “Recovery from Relapse” mentor program:

- 1) Go to www.oaregion8.org ...
- 2) Select the “Committees” menu, and then “Twelfth Step Within” ...
- 3) Select “Online Relapse Mentor Request” ...
- 4) Complete and submit the online form ...

Yours in service,
Neill M., Twelfth Step Within Committee (TSW)

REMEMBER: If you fail to plan; you plan to fail ...



Fully Rely On God

SOAR8 Assembly Report for Jacksonville, FL March 17-19, 2017

“The Blessings of Recovery” Representing Pinellas County Traditions (PTI Representative)

It was an honor and privilege to attend the Jacksonville Business Assembly and Convention as it surely was an opportunity to reflect on “The Blessings of Recovery.” I am grateful for the opportunity to attend the conference and learn about the Business Assembly from the perspective of a newcomer or “Green Dot.” As a first-time Region Representative, I became more familiar with Parliamentary Procedure and Robert’s Rule when making motions and participating in the voting process. Participating in more service work helps me serve others, share recovery, be less self-centered, and maintain my abstinence/balance in my life.

Friday evening I arrived with another Pinellas County recovery friend and participated in the 7:00pm opening procedures. The evening began with laughs and enthusiasm. Many events of the Convention stood out to me during this weekend adventure:

The theme of the weekend focused on St. Patrick’s Day and recovery blessings. Yes, we should all consider ourselves “lucky” to live a recovery lifestyle and practice the OA steps, traditions and concepts daily. Throughout the weekend, convention attendees were encouraged to pass green cardstock shamrocks with inspiring words written on them to other OA’ers. Such words of encouragement printed on the colorful shamrocks were: perseverance, forgiveness, serenity, courage, hope, willingness, gratitude. When someone passed me a shamrock, I passed along another shamrock, sharing my recovery blessings.

The opening skit on Friday night was lively and witty. The skit focused on the newcomer, sharing the message of recovery, and battling our “disease thoughts.”

Saturday morning, bright and early at 8:00am, I attended a “Green Dot” training session as a new Region Representative. This was informative and necessary to learn how to vote, make a motion, or ask questions appropriately.

As the Business Assembly progressed during Saturday, I listened and observed to the entire process. Here are some highlights: Board and Trustee Reports, Treasury Report, Approval of the Memphis, TN Assembly minutes in October, participation in break-out sessions for committee meetings (I am a 12 Steps Within Committee member), potential bids and discussion for next Fall 2018 Assembly, motions to change future Florida State Conventions and Soar 8 assembly dates to March/April and Oct./Nov. to allow more convention participation for the greater Region 8 geographic area, new and old business, and much, much more. (For a more through outline of the Business Assembly notes and events, see Donna D’s report in the April 2017 Newsletter.)

The speakers were phenomenal and motivating. One of the speakers is a talented poet; she shared a personal prayer she wrote to her Higher Power that astounded me with her honesty and willingness to surrender.

In closing:

Sunday morning I was asked to be a speaker focusing on Steps 10 & 11 (The Blessings of Perseverance & Spirituality). After the 20-minute speaking time, members in the audience shared on the perseverance and spirituality topic relating to living in steps 10 & 11. We all work our program differently, but it’s always uplifting to hear about how others’ personal connections with our HPs develop through up/downs in recovery. It works if we work it, but we surely need each other!

Thank you for the opportunity to serve you as a PTI Region Representative in beautiful downtown Jacksonville. It was a pleasure getting to know the Region 8 members and fellow PTI Region members, Donna D and Judy. I look forward to serving Pinellas County in October 2017 in Miami now that I have graduated through the “newbie” Green Dot process!

Sarah B.



Pinellas Traditions Intergroup - 7th Tradition

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available online, local OA groups and members can now send a contribution using a secure site via PTI’s PayPal page. Please click the button located on the right or visit our website at oapinellas.org/donations.html to send in a donation today. Your generosity is greatly appreciated!!!



PTI Treasury Report for March 2017

INCOME		Beginning Balance		\$10,288.98
Just for Today	\$100.00			
Voices of Recovery	\$59.15	EXPENSES	PIPO	\$75.00
Focus on Abstinence	\$100.00		Holiday Inn - FSC	\$4,400.00
Living in Today	\$50.00		Region 8 Rep	\$282.50
Mad Beach	\$43.00		Webmaster	\$40.00
Search Out Serenity	\$100.00		Region 8 - 10%	\$92.52
Steps to Freedom	\$65.00		WSO - 30%	\$277.54
Fresh Start	\$111.00		Incorp Fees	\$61.25
Nitty Gritty	\$20.00		FL State Convention	\$36.00
OA AMigos	\$45.00			
PTI	\$132.00			
Franciscan Center	\$100.00	TOTAL		\$5,226.45
Holiday Inn FSC Reimbursement	\$4,400.00			
TOTAL	\$5,325.15	Ending Balance		\$10,387.68
Scholarship Balance	\$871.00	Prudent Reserve		\$3,000.45



SOAR8 Alternate Delegate Report • March 2017

I am excited to be able to share this writing as a result of being asked to serve as an Alternate Representative at the Regional Business Assembly, held in conjunction with Soar 8 Recovery Convention March 17th – 19th in Jacksonville, FL.

Labeled and referred to as a “Green Dot” (cleverly shaped as a Shamrock, as it was St. Patrick’s Day) this simply meant it was my first time so little was asked of me. I was paired up with Andi S., from Gold Coast IG, who was my mentor for the weekend. She showed me the proper way things are done and had an answer to every one of my questions. Andi was not only a delight to work with and learn from, I believe I also have a new friend in our OA fellowship.

There was nonstop activity from the moment we arrived at the hotel Friday evening just in time for the Opening Assembly and Roll Call. This was important because if one is not present for Roll Call, one cannot vote! Starting with all the familiarities i.e. the Serenity Prayer, Steps and readings, introductions and 7th tradition, I felt comfortable and welcomed, like being at “home” intergroup in Pinellas Co., but on a much larger scale.

Saturday morning began at 7:30 with new Representative Orientation, call to order, credentials, adoption of the agenda and approval of the last Assembly’s minutes. Next, reports from Board members and our Trustee followed by discussions of monies, budgets, and motions then voting. Parliamentary procedure was always followed along with a strict time frame to get things accomplished.

We joined fellowship with all the other Convention attendees for a superb Luncheon and awesome guest Speaker.

We reconvened to the Business Assembly for Unfinished business, new business, Old business and Committee business. I chose the Bylaws Committee and was grateful to simply observe as some discussion was intense.

There were five motions and one emergency motion in all that we dissected, voted on and eventually adopted.

The entire experience for me was unforgettable and interesting albeit long and tiresome at times.

Prior to adjourning the last order of business was the Green Dot Ceremony. Every Green Dot newbies stood up front for kudos and congratulations and we removed our dots from our badges.

Thank you so much for allowing me to represent all of you.

Judy L.

Pinellas Traditions Intergroup – Meeting Minutes for 3/17/17 - 6:30PM

Call to Order ...

- Opened meeting with the "Serenity Prayer" ...
- Reading of the 3rd Step, 3rd Tradition, and 3rd Concept.
- Does everyone agree with the agenda? No additions made.
- This is a spiritual program so let's remember to keep principles before personalities, please.
- Anyone new to Intergroup today? Cindy, Marcia
- Introductions of reps and from what meeting: Joan, JC, Ruby, Jim, Felice, Lee, Michele, Phil, Shirley, Sam, Leslee, Marcia, Sarah B, Pat, Dana
- Parliamentarian-(3)pro(3)con(1)min –discussion(3)minutes: amended(2)pro(2)con(1)min-disc(3)min.
- No questions until after pros & cons.
- Approved of Secretaries Minutes.
- Treasurer's Report approved.
- Vice Chair – Resigned. Position is now open, see Joan or online for application.
- 7th Tradition passed.

COMMITTEE REPORTS:

IGOR – No report.

Bylaws – No report.

PIPO – Felice is we have three benches, 25\$ per month per bench, recommend simpler design, US 19 Palm Harbor, US19 South at 54th N, and near Ulmerton Rd.

TSW Committee:

- March 31 7:30 Shuffleboard St Pete 813-240-8572
- April 1 1-3 PM Food Plan/ Forgiveness Writing WS James Weldon Johnson Library, 1059 18 Ave S, St Pete Dana to man the door
- April 20 6:30 4th Step WS St. Cecelia's Church Clw 813-240-8572 Laurie to sell raffle tickets, Phil to man the door
- May 13 Jewelry Fellowship Palm Harbor Prebysterian church 860-796-6333 Sarah B point person
- June 3 1-3:30 PM Carry the Message Oldsmar 207 Ave E. Buckingham Ave 727-470-9448 Men's meeting working on flyer and finding people to support the role. Plan to have 50/50. Marcia willing to help, also.

Unity with Diversity – No report.

Ways and Means – No report.

OLD BUSINESS:

- Committee Chairs –Unity with Diversity, Tech Web open and in need of committee chairs
- Motion passed to add website add for Region8, Suncoast and WSO on oapinellas.org
- Motion to extend deadline for Emblem submission to intergroup April. Passed Vote in May.
- Bus Bench – survey of Meeting reps in support of continuing.
- Any other old business? No

NEW BUSINESS:

- FL ST Convention – Not expecting a profit as they did not meet hotel bookings
- Baskets & Traditions – Please mind tradition "10 no opinion on outside issues." There was a basket with Christian music and books, please do not donate items related to specific religions or organizations.
- SOAR8, March 17-19, Jacksonville Please attend the recovery convention
- Motion to use the PTI card to pay for the hotel room. Pointed out there is nothing in by laws that states needs to be reimbursed
- Teleconference idea to offer other people in our intergroup to listen in (not discuss or vote) to the intergroup. To help introduce people to Intergroup and give people from far away to attend. Concerns on people to be able to hear. Monday night meeting they use a cell phone to share the meeting.
- Franciscan Center Flyers are available on line July 21st thru 23rd Early registration Jun 30th. Committee is working on it. Collecting denim jeans for April Intergroup.

-continued on next page-

Any other New Business?

- Palm Harbor meeting on website states 7:30 and is actually 7 PM
- Chair has info on pricing for flyers
- Meeting asking about new member info – it is the
- PTI PO box is listed on the website. You can mail checks to PO box. Please do not mail Cash
- Friday night meeting in Largo is closing and offering literature. Will be used in baskets.
- PTI will be donating 10 new member packets to each meeting

Things to Take Back to Your Meetings:

- Buy Lifeline – Meeting Lifeline Rep – does yours have one?
- **Please remember to support struggling meetings:**
Tues, 9AM REBOS; 7PM Gulfport; Wed, 6:45PM Madeira Beach; Wed, 7PM Terra Nova; Thurs, 10:30AM Aldersgate; Sat, 9:00AM Pinellas Park Library
- Please remember to invite everyone to intergroup.

- March 10th - 6:30 PM Intergroup
- March 17th-19th - SOAR8 Assembly, Jacksonville (oaregion8.org)
- March 31st - 6:45 PM Shuffleboard, St Pete (813) 240-8572
- April 1st - 1:00-3:00 PM Food Plan/ Forgiveness Writing WS James Weldon Johnson Library, 1059 18 Ave S, St Pete
- April 20th - 6:30 PM 4th Step Workshop, St. Cecelia’s Church, Clearwater (813) 240-8572
- May 13th - Jewelry Fellowship, Palm Harbor (860) 796-6333
- June 3rd - 1:00-3:30 PM Carry the Message, Oldsmar (727) 470-9448
- July 14th - Intergroup Change Date!!!
- July 21st-23rd - OA Retreat, Franciscan Center, Tampa
- October 13th-15th - SOAR8 Assembly, Miami

OA’s Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion, for this I am responsible.

Meeting closed with the “Serenity Prayer.”



Pinellas Traditions Intergroup is in need of service positions!!!

We need a Vice Chair and our Treasurer is leaving as of June. The applications and requirements for these positions are at oapinellas.org. Please consider giving this valuable service in your recovery to help us carry the message here in Pinellas County. If we don’t carry the message, we will not exist. Can you imagine what it would be like if there was no OA in this county? Where would you go for your meetings?? How far would you travel?? Please consider giving up one Friday evening a month and help us spread the word and love that was so freely given to us all.

In love and service,
Joan R.
Chair PTI



Abstinence in Action "Adventure" Fellowship

May 13th	OA Fellowship - Jewelry	Palm Harbor
June 3rd	Carry the Message Workshop	Oldsmar
July 14th	Intergroup Meeting Date Change	Clearwater
July 21st-23rd	Franciscan Center Retreat	Tampa
October 13th-15th	SOAR8 Assembly - "WELCOME HOME: Recovering in Paradise"	Miami
February 23rd-25th	Florida State Convention	Tampa

For more information and flyers, PTI's Calendar of Events may be viewed online - <http://www.oapinellas.org/events.htm>



PINELLAS MEETINGS – WE NEED YOU!!! - IS YOUR MEETING REPRESENTED???

ATTENTION INTERGROUP REPRESENTATIVES!!! Your attendance at the Intergroup meeting is very important to the health and well-being of the Pinellas Traditions Intergroup. It is also an invaluable form of service. Intergroup reps have the opportunity to share information about their group, learn what other groups are doing, and make new friends. This helps us all stay connected. Please make every effort to do your part in keeping OA strong and vibrant. We meet the third Friday of every month, this year with 2 exceptions, in the Tuttle Room, at Morton Plant Hospital, Clearwater. Please join us!!!



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Looking for a sponsor??? There are some people out there that are willing to sponsor by phone and/or email.

By Phone: Julie O. 727-784-7958; Sandy 727-846-2100; Lynn E. 901-830-1092; Pat Mc 727-581-8201; Linda Mc 727-804-4610; Claudia 727-781-7411.

By Email: Sandy - utopiarevisit@yahoo.com; Julie O. - julianeob@yahoo.com; Linda Mc - lindaproductions@aol.com; Carol - carolsch@ptd.net; Jane T. jtorell78@gmail.com; Claudia bytelady@tampabay.rr.com. I'm hoping to add to this list as time passes. Try it, you might like it!

Do you know one of the easiest way to get OA information? In your email's Inbox ... Just send your email address to newsletter@oapinellas.org and you will be added to our mailing list to receive information about what is going on in OA. You will also receive the monthly newsletter, as well. If you are receiving the monthly newsletter now, you are already on the list, so you don't need to do anything. The list is private, which means it will not show your email address once you have been added to the mail list. So, if you're interested, please send us your address ASAP!



Please consider supporting the following meetings:

- Tues - 9:00 AM - REBOS
- Tues - 7:00 PM - Back to Basics
- Tues - 7:00 PM - The Mile Stretch
- Wed - 6:45 PM - Madeira Beach Bunch
- Wed - 7:00 PM - You Are Not Alone
- Thurs - 10:30 AM - Hope
- Sat - 9:00 AM - Great Reality

Much Appreciated!!!

PTI would like to thank our webmaster for using her technical skills in putting together the design and layout of our monthly newsletter before posting it online.

THANK YOU!!!

JUST FOR TODAY

Upcoming Events

OA Fellowship Event Jewelry and Beading



Saturday, May 13th, 2017
1:00-3:00 P.M.
(10:00 A.M. meeting prior to event)

WHERE:

2021 Nebraska Ave
Palm Harbor, FL 34683

\$6.00 for Jewelry Making Supplies

Bring your lunch and beverage!!!

Contact Sarah B. (860) 796-6333 or
sjcbrown16@yahoo.com

“CARRY THE MESSAGE” OA Workshop

Saturday, June 3, 2017

1 PM – 3 PM

Community United Methodist Church
207 Buckingham Ave East
Oldsmar, FL 34677



ALL ARE WELCOME!!!

\$5.00 suggested donation

Questions? Please call (727) 480-4821



PINELLAS TRADITIONS INTERGROUP
INVITES YOU TO THE SEVENTH ANNUAL
OA FRANCISCAN CENTER RETREAT

“INSPIRED”

JULY 21 – 23, 2017

[CLICK HERE](#) for more information and registration form.



Save the Date!!!
2017

SOAR8 Fall Assembly

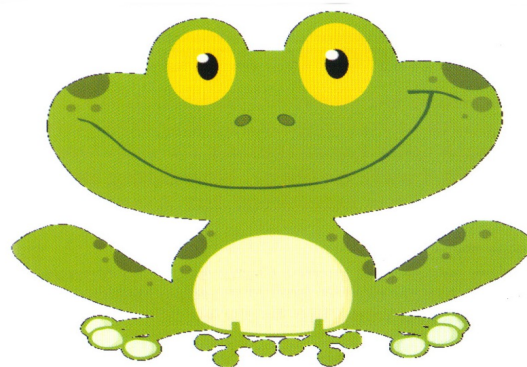


October 13th-15th

Hosted by,
Miami-Dade & the Keys Intergroup

28th Annual Florida State
Convention of Overeaters
Anonymous

“Together We Can...
Fully Rely on
God* (FROG)”
(*of our own understanding)



Feb 23-25, 2018

Holiday Inn Tampa– Westshore
700 N. Westshore Blvd.
Tampa, FL 33609
866-941-4919 (Reservations)
813-289-8200 (Hotel Direct)

More information
on all of these events
may be found on
our website at
<http://oapinellas.org>

PINELLAS COUNTY MEETING LIST

May 2017

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen (727) 781-2597 Joan (727) 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days ★	Central Church of Christ 1454 Belleair Rd., Clearwater (NW of Belleair Rd. & Highland – entrance on Belleair)	Mary (727) 595-6644
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom D 1200 7th Ave. N., St. Petersburg (Jackson Street entrance)	Cynthia (561) 254-3642
Tues	9:00 AM OA#54726	Abstinence NEEDS SUPPORT	Daily Readings Open Discussion	REBOS Center – Friendship Baptist Church 4001 74 th St. N., St. Petersburg	Ellise (239) 384-4682
Tues	7:00 PM OA#53878	Back to Basics NEEDS SUPPORT	Literature/Discussion	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Jim F. (949) 463-0837
Tues	7:00 PM OA#54697	Living In Today	Step/Lifeline/Daily Reader/ BB/Leader's Choice	Northwood Presbyterian Church – Rm #4 2875 State Road 580, Clearwater	Lee (727) 480-4821
Tues	7:00 PM OA#54346	The Mile Stretch Meeting NEEDS SUPPORT	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Chris (727) 688-9823
Wed	12:30 PM OA#52863	Message Carriers	Open Discussion	Metro Center 3251 Third Ave. N., St. Petersburg	Ellen L. (727) 381-8043
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch NEEDS SUPPORT	Open Discussion	On the beach in front of the snack shack 15100 Gulf Blvd., Madeira Beach (Bring a chair)	Linda H. (727) 647-8280 Donna D. (727) 480-0865
Wed	7:00 PM OA#54502	You Are Not Alone NEEDS SUPPORT	12 & 12 Study	Terra Nova (Small room with green door) 7550 40th St. N., Pinellas Park	Cynthia (561) 254-3642
Thur	10:30 AM OA#53015	Hope NEEDS SUPPORT	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole (Back of church near the office)	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Big Book Meeting	First Presbyterian Church 455 Scotland St., Dunedin (Downtown Dunedin)	Tamar (727) 796-5878 Laurie (727) 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Recovery through the Steps and Traditions - 90 Days Meeting ★	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc (727) 319-4321
Thur	7:00 PM OA#46183	First Fellowship	1-Step/ 2-Speaker/ 3-Lit/ 4-Big Book/5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Beth P. (813) 486-9324
Fri	6:45 AM OA#54674	Fresh Start	Voices of Recovery For Today	Central Church of Christ 1454 Belleair Rd., Clearwater (NW of Belleair Rd. & Highland – entrance on Belleair)	Phil L. (727) 754-0131
Fri	11:00 AM OA#53104	OA Amigos	English & Spanish Literature	Metro Center 3251 Third Ave. N., St. Petersburg	Margie C. (904) 322-1899
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Tiffany (727) 565-3136
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Joan R. (727) 785-9208
Sat	9:00 AM OA#36776	Great Reality NEEDS SUPPORT	Beginners	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Donna D. (727) 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat (727) 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey (727) 466-9277 Judy (727) 442-9234
Sat	10:30 AM OA#17950	Pasco Pioneers	1-Step/ 2-Big Book/ 3-Leader's Choice/ 4-Traditions/5-Brown Book	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#52497	Oldsmar Men's Group	Men's Meeting ★	Community United Methodist Church 207 Buckingham Ave., Oldsmar	Lee (727) 480-4821
Sun	6:00 PM OA#32923	Clearwater Oasis	Big Book (90 day) ★	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Chrissy (813) 377-5332 Michelle (314) 378-9391
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Cora (813) 956-4642

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. ★ Closed Meeting - OA members only!

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings,

please go to: <https://www.oa.org/find-a-meeting> Pinellas Traditions Intergroup Website: <http://oapinellas.org>

Hotline #'s – Hillsborough & Pinellas: (813) 254-4190