



Pinellas Traditions Intergroup Newsletter



Volume 12 - Issue 3

March 2017

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Pinellas Traditions Intergroup
PO Box 16582, Clearwater, FL 33766
Visit us online at oapinellas.org

Monthly Intergroup:

The Pinellas Traditions Intergroup (PTI) meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be held:

March 10, 2017 at 6:30 p.m.

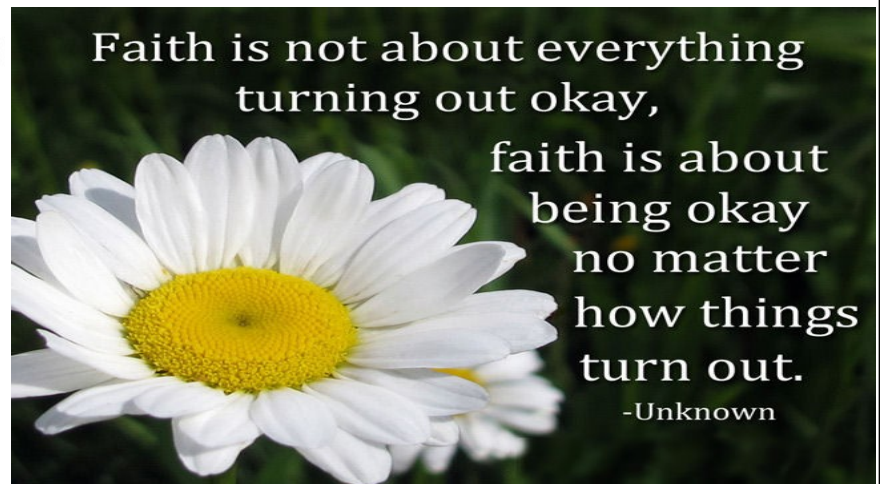
Date change due to SOAR8 Assembly in Jacksonville!

Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas St. / Off Harrison
Clearwater, FL 33756

To receive monthly copies, or contribute to the Newsletter, please email the editor at newsletter@oapinellas.org. Contributions must be received by the first Friday of the month.

Step 3

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”



Tradition 3

“The only requirement for OA membership is the desire to stop eating compulsively.”



Concept 3

“The right decision, based on trust, makes effective leadership possible.”

“Those who have studied them carefully have found that these Traditions can be applied effectively to all human relationships, both inside and outside OA.”

-OA 12 &12, page 108

I am grateful to the Traditions that keep our groups and OA as a whole functioning in a healthy way. I am also grateful that I can apply these principles to all my relationships, whether anyone else knows about the Traditions or not. It’s amazing how these simple ideas can improve my interactions with others. For example, what relationship can’t be made better if I consider our common welfare and strive for unity? I can place God as the ultimate authority over all my relationships and pray to be a trusted servant, instead of a controller. I can allow others to be autonomous, unless a matter affects our relationship as a whole. Remembering to place principles before personalities helps me in all my relationships and dealings with other people. It is such a relief to simply look at the issue at hand and not get caught up in the personalities involved.

-Voices of Recovery, page 152



Dear Fellowship,

I am sharing how the Florida State Convention enriched and may have just saved my life. For the last two months, I have been running by my self-will and was definitely out of control. Still going to meetings, I could not surrender, or do any work to help myself. Feeling negative about going, but I knew I wanted to. I met friends who admitted they were not abstinent, or who didn't want others to see physically them in an unhealthy place. But we came looking for recovery, and that is just what we found. My heart opened and became willing to listen and learn.

There were, to everyone, happiness, many who, year after year, were deeply motivating. Living success and sharing secrets of their recovery and that Overeaters Anonymous is the right place to be. What continually moved me were those who shared, let me into their thoughts. This Honest, Open and Willing sharing gave me the opportunity to hear how our fear based thinking can lead us into problems. One person shared something I have never shared.

Some of the workshops were about the joy in living the steps, and traditions, also, how to work it daily, the happiness in the men's meeting. Meetings like, joy in carrying the message to anorexic/bulimics, happiness GBLT, relationships and dating, also the perseverance in the program. AMAZING! Three keynote speakers, a boutique, a dance, meals, and amazing fellowship. Meeting people for fun, enrichment and taking phone numbers and email contacts.

Addiction is an isolating disease, closing us off from society, family, and self. We hid. We lied and in denial that we had any problem. I have an emotional disease that effects me physically, and the solution is spiritual. Learning acronyms such as: FROG = Fully Relying On God ... HOPE = Having Only Positive Expectations

I will spend this year urging us all to the take advantage of a this experience. FYI there will be scholarship money available, just ask about that opportunity.

See You at a meeting!

RM

Lighting the Way

If I draw a map and never take the first step
I will get nowhere
Action I must take

If I write a plan and never execute it
I will get nowhere
Action I must take

If I read a step and never do the work
I get no growth or peace
Action I must take

If I talk the talk
And never walk the walk
I get nowhere
Action I must take

If I choose a tool
And never lift the phone or read something
I get nowhere
Action I must take

Now I use my map
Do my plan
Do the walk
Walk the walk
Work the tool

I take action
I light the candle
That illuminates the path of Knowledge
That gives progress to my program
This is the action in my life

-Anonymous

STOP – Spiritual Time Out Please

“Let your efforts rise above your excuses”

By Denicia Bain

Each day I am reminded that I have this disease. How do I know? I'm always aware of forbidden food in my midst. I remind myself calmly that 'that is not my food,' or 'I choose not to eat that today for my sanity' or I cannot control my program if I choose to take that first compulsive bite.'

The difference for me, however, is that those words can now be spoken without anger, without bitterness, and without feeling of deprivation that used to lead me to binge eventually. The need to eat compulsively has been removed on a daily basis, as long as I am willing each day to acknowledge my disease, accept it as a permanent condition that can be controlled by my dedication and action to the Steps, Traditions, and tools, and pray to God each day for a one day reprieve from my compulsive condition.

I recently returned to full-time work after years of part time work and raising children, and I have been so pleasantly surprised at my focus on my job and my lack of concern and interest in food that used to permeate my thoughts on an hourly basis. I ate through my last job; I'm working through this one! I am forever grateful to God, to my friends and compatriots in OA, and to this program for the miracle that truly does come if you wait for it.

-Pat, Chappel Hill, NC

Reprinted from newsletter: Triangle OA, October 2003

Pinellas Traditions Intergroup – Meeting Minutes for 1/20/17 - 6:30PM

Call to Order ...

1. Open with the Serenity Prayer
2. Reading of the 1st Step, 1st Tradition, 1st Concept
3. Does everyone agree with the agenda?
4. Any additions?
5. This is a spiritual program so let's remember to keep principles before personalities, please.
6. Anyone new to Intergroup today?
7. Introductions & representatives from what meeting: Joan, Ruby, Jim, Julie, Donna, Jason, Lee, Mary T, Michele, Sam, Chrissy, Sarah B, Judy L, Kim, and Laurie.
8. Parliamentarian-(3)pro(3)con(1)min –discussion(3)minutes: amended(2)pro(2)con(1)min-disc(3)min. No questions until after pros & cons.
9. Approval of Secretaries minutes – any corrections – several changes made remove from minutes under new business number 8 completely; add move to approve secretary minutes with changes recommendations
10. Treasurer's report – any questions - move to accept the treasurers report approved
11. Vice Chair – just to affirm that she is here to assist Joan
12. Pass the 7th tradition--\$21.00
13. Break into Committees – 10 minutes

COMMITTEE REPORTS:

Ways and Means – no report

PIPO - no report; doing Craig's List posting; Tampa Tribune newspaper, losing the PIPO outreach; contact information with the hotline; submit several WSO publications announcing meetings to newspapers

IGOR – reach out to all seven regions chair of each region to contact me about their committees to see what they are doing and what is going on— one Region responded and recommended to look at the assembly report-

Bylaws – no report; last group meeting before the FSC and scholarship shall be given to the treasurer; no double dipping; early Registration date-line is January 27th

Twelve Steps Within – Chairperson not here; get some ideas, Action Plan workshop was in Palm Harbor not very well attended; February 11th Fellowship Event; Writing workshop planned for June; April 1st Food Plan/Writing for Forgiveness; April 20th workshop 4th step will be after the Thursday 5:30 St. Cecelia meeting

OLD BUSINESS:

14. Committee Chairs – Replacements needed PIPO, UWD, Tech Web open
15. Budget vote—Motion to pass budget –passed; Question regarding the \$1,200 assigned to scholarship and it was affirmed that it was allocated because of the \$100.00 always added to the fund if money permits
16. Florida State Convention workshop speakers- 90 day abstinence required – contact Julie or Joan, Does anyone need Roommates – FSC committee meeting January 21 Palm Bay
17. Emblem Reminder – Due March 10th, intergroup Judge April 21- wins T shirt--
18. We need 1 new Region Rep (will always take Alt Rep Apps) Alt Rep App for March – Voting on Alternate Region 8 Rep Judy—application approved
19. Any other old business? No

NEW BUSINESS:

20. Boutique—A little boutique at our workshop whoever wants to show up to the workshops and fellowship events, and sell them during the break and if not sold then bring it back home; Move to motion offer a boutique and add to the budget of \$250.00 for the year 2017. Motion passed.
21. Website update—we will be splitting the website fees for the year; we will be responsible for January and July; investigate putting a Link tab on our websites to add links to Region 8.
22. Office Depot Copies—business accounts phone number we can make copies of \$2.5 cents per copies.
23. New places for workshops—to be self-supporting donation must be given to the facility the workshop is given.
24. Nassau County NY OA has our SOAR 8 Convention online for anyone to listen to.
25. Any other new business? Survey ---Agenda questionnaire for May World Service Business Conference --

-continued on next page-

Things to Take Back to Your Meetings:

1. Baskets for the Florida State Convention.
2. Buy Lifeline – Intergroup Lifeline Rep?
3. Please remember to support struggling meetings: Tues, 9am Rebos, 7pm Gulfport; Wed, 6:45pmMad Bch; Wed, 7pm Terra Nova; Thurs, 10:30am Aldersgate; Sat, 9:30 Pinellas Park Library;
4. Please remember to invite everyone to Intergroup.

- January 20th - 6:30 PM Intergroup
- February 1st - Fellowship event BJ's 5:15 dinner 7Pm "Dirty Dancing" Regal Park Cinema 19 & Gandy
- February 4th - 6:30 PM Valentine's WS JC's Countryside
- February 17th - 6:30 PM Intergroup
- February 24th-26th - Florida State Convention, Tampa, FL
- March 3rd - 6:45PM Fellowship event, Shuffleboard, 559 Mirror Lake Dr. N, St Pete Donation—next to the Collosium
- March 10th - 6:30 PM Intergroup
- March 17th-19th - SOAR8 Assembly, Jacksonville, FL ... oaregion8.org
- April 20th - Workshop at St. Cecillas after the 5:30 PM meeting Fourth Step Workshop – Thursday, Clearwater
- April 1st - 1-3 PM Food Plan/ Forgiveness Writing Workshop James Weldon Johnson Library, 1059 18 Ave S, St Pete
- May 13th - 1-3PM Jewelry Making Fellowship Event Palm Harbor
- October 13th-15th - SOAR8 Assembly, Miami, FL

OA's Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion, for this I am responsible.

Close with the "Serenity Prayer"

The Thoughts for Today and Tomorrow

*Grant Me the Serenity
To Accept the things I cannot change*

*The Courage
To change the things I can*

*The Wisdom
To know the difference*

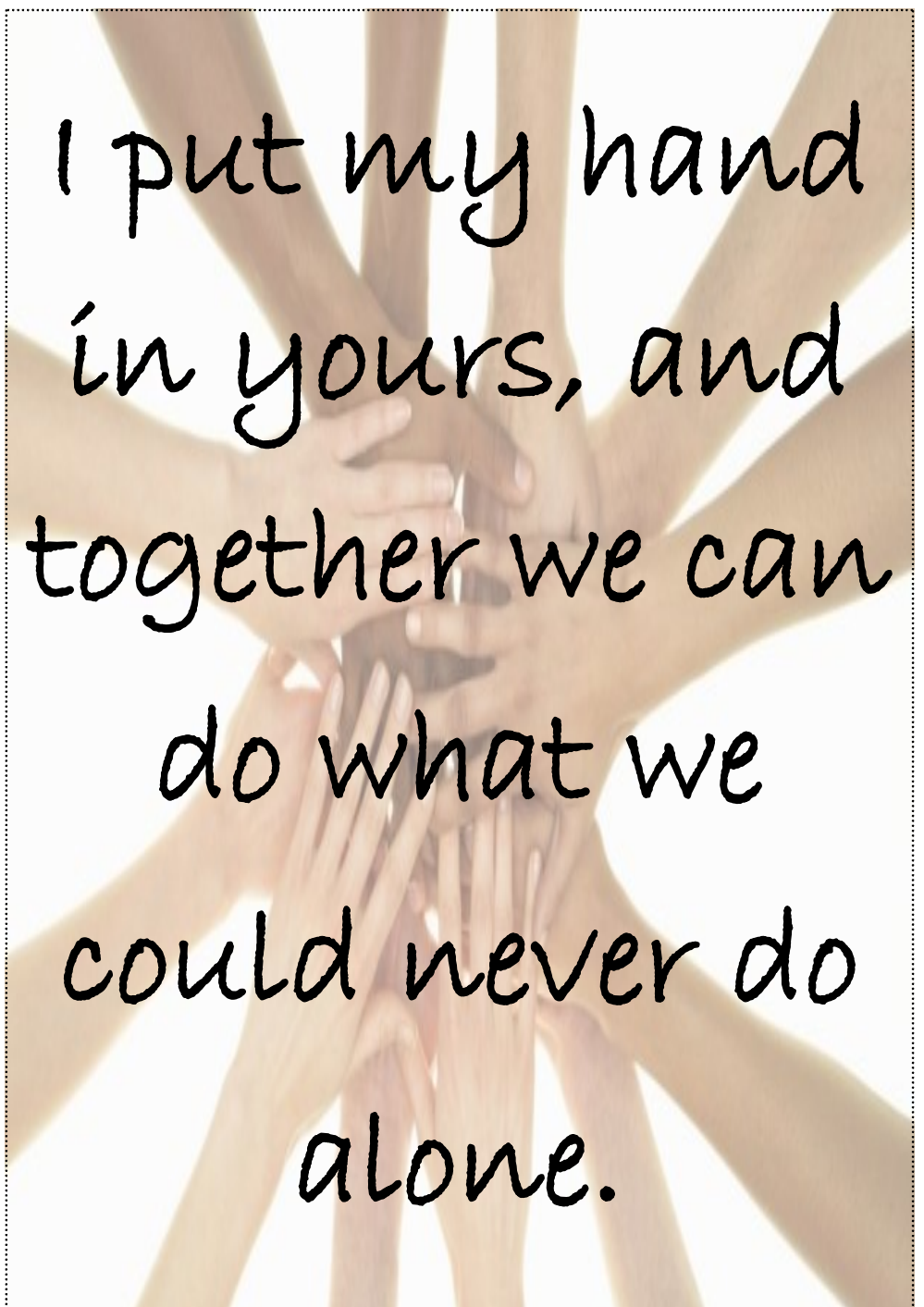
*Grant me the Patience
For the change that takes time*

*Appreciation
For all that I have*

*Tolerance
For those with different struggles*

*And the Strength
To get up and try one day at a time*

*-Reprinted from the website of
OA Western Mass Intergroup*



PTI Treasury Report for January 2017

January 2017				
INCOME		Beginning Balance		\$9,469.75
Voices of Recovery	\$32.00			
Focus on Abstinence	\$200.00	EXPENSES		
SOS	\$100.00		Webmaster	\$40.00
Living in Today	\$25.00		Website	\$35.79
Steps to Freedom	\$50.00	TOTAL		\$165.79
Saturday Serenity	\$130.00			
Oldsmar Men's	\$48.00			
Clw Oasis	\$40.00		Reg 8 10%	\$78.60
Beginner/Step	\$26.00		WSO 30%	\$235.80
January Workshop	\$135.00	Scholarship Balance		\$671.00
		Ending Balance		\$10,089.96
TOTAL	\$786.00	Prudent Reserve		\$3,000.00

Great Big "PTI" Contest

*** Attention to all you creative people out there and anyone wanting to be an artist ***

We are looking for the most original and greatest design that can be used to describe Pinellas Traditions Intergroup, our very own, PTI emblem, something that would make us unique. This would be something that is original, creative to our Intergroup and used to represent us. Something nice that we can use for so many different things. You would be giving this original design up to organization of PTI for the purpose of our use only. The **NEW** deadline will be the **April 21st** Intergroup meeting and the judging will be done in the April Intergroup meeting by all voting members present.

Please submit your designs to PTI, PO Box 16582, Clearwater, FL, 33766 or chair@oapinellas.org. When submitting, please be sure that your information is not on the display itself, so when judging is done, there will be no influences made.

So let's get those creative juices to flow ... Let's get to it ... Show off your skills ... Win this contest !!!

The winner will win a T-Shirt with the emblem on it. 🍀

Thank You!!!

Service Opportunities

Are you looking for an easy, fun way to do service? You can raise money for SOAR8 by donating a basket to the raffle fundraiser for the March 2017 Conference and Convention. Just find a new or gently used basket and fill it with items you think a fellow compulsive overeater would like. Past basket themes have included: the recovery basket, the "quiet afternoon" basket, the "gardener's soul" basket, the "kid's fun box" basket, the "day on the beach" basket, the "don't eat, do this instead" basket, and much, much more.

Not sure you can contribute a whole basket? No problem! Ask a few OA friends, sponsees, newcomers, and/or your home group to contribute. Together, you can make a difference!

Bring your completed basket (ready for display) to the SOAR8 Convention and Conference in March. If you do not plan to attend the event, consider sending your basket with a friend. Please also bring a list of the items that can be found in the basket. For more information or to ask any questions, please contact Jenny at (858) 354-4547 or send an email to mr.beansisrad@gmail.com.



Fully Rely On God

KISS
Keep it simple ...



RECOVERY FROM RELAPSE

Are you aware that we have a "Recovery from Relapse" mentor program available through the Region 8 website? We can provide you with someone who is familiar with relapse. They are willing to share their experience, strength, and hope.

To access the "Recovery from Relapse" mentor program:

- 1) Go to www.oaregion8.org ...
- 2) Select the "Committees" menu, and then "Twelfth Step Within" ...
- 3) Select "Online Relapse Mentor Request" ...
- 4) Complete and submit the online form ...

Yours in service,
Neill M., Twelfth Step Within Committee (TSW)

REMEMBER: If you fail to plan; you plan to fail ...

*** Start your year on the **ROAD** to Recovery ***

Pinellas Traditions Intergroup - 7th Tradition

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available online, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page. Please click the button located on the right or visit our website at oapinellas.org/donations.html to send in a donation today. Your generosity is greatly appreciated!!!

Donate now with..



Abstinence in Action "Adventure" Fellowship

March 3rd	Shuffleboard Fellowship • 6:45PM • 559 Mirror Lake Drive	St Petersburg
March 17th-19th	SOAR8 Assembly - "The Blessings of Recovery"	Jacksonville
April 1st	OA Workshop - Food Plan / Forgiveness Writing	Clearwater
April 20th	4th Step OA Workshop	Clearwater
May 13th	OA Fellowship - Jewelry	Palm Harbor
October 13th-15th	SOAR8 Assembly - "WELCOME HOME: Recovering in Paradise"	Miami

For more information and flyers, PTI's Calendar of Events may be viewed online - <http://www.oapinellas.org/events.htm>



Upcoming Intergroup Meetings:

- March 10th** *(moved up a week due to upcoming SOAR8 Assembly)*
- April 21st**
- May 19th**

ATTENTION INTERGROUP REPRESENTATIVES!!! Your attendance at the Intergroup meeting is very important to the health and well-being of the Pinellas Traditions Intergroup. It is also an invaluable form of service. Intergroup reps have the opportunity to share information about their group, learn what other groups are doing, and make new friends. This helps us all stay connected. Please make every effort to do your part in keeping OA strong and vibrant. We meet the third Friday of every month, this year with 2 exceptions, in the Tuttle Room, at Morton Plant Hospital, Clearwater.

Looking for a sponsor??? There are some people out there that are willing to sponsor by phone and/or email.

By Phone: Julie O. 727-784-7958; Sandy 727-846-2100; Lynn E. 901-830-1092; Pat Mc 727-581-8201; Linda Mc 727-804-4610; Claudia 727-781-7411.

By Email: Sandy - utopiarevisit@yahoo.com; Julie O. - julianeob@yahoo.com; Linda Mc - lindaproductions@aol.com; Carol - carolsch@ptd.net; Jane T. jtorell78@gmail.com; Claudia bytelady@tampabay.rr.com. I'm hoping to add to this list as time passes. Try it, you might like it!

Do you know one of the easiest way to get OA information? In your email's Inbox ... Just send your email address to newsletter@oapinellas.org and you will be added to our mailing list to receive information about what is going on in OA. You will also receive the monthly newsletter, as well. If you are receiving the monthly newsletter now, you are already on the list, so you don't need to do anything. The list is private, which means it will not show your email address once you have been added to the mail list. So, if you're interested, please send us your address ASAP!

Are you looking for an easy, fun way to do service? You can raise money for SOAR8 by donating a basket to the raffle fundraiser for the March 2017 Conference and Convention. Just find a new or gently used basket and fill it with items you think a fellow compulsive overeater would like. Past basket themes have included: The recovery basket, the "quiet afternoon" basket, the "gardener's soul" basket, the "kid's fun box" basket, the "day on the beach" basket, the "don't eat, do this instead" basket, and much, much more.



MEETING CLOSED

The Friday Night

"Back In The Day"

OA meeting has closed.

PTI would like to thank our webmaster for using her technical skills in putting together the design and layout of our monthly newsletter before posting it online.

THANK YOU!!!

Please consider supporting the following meetings:

- Tues - 9:00 AM - REBOS
- Tues - 7:00 PM - Back to Basics
- Tues - 7:00 PM - The Mile Stretch
- Wed - 6:45 PM - Madeira Beach Bunch
- Wed - 7:00 PM - You Are Not Alone
- Thurs - 10:30 AM - Hope
- Sat - 9:00 AM - Great Reality

Much Appreciated!!!

Upcoming Events



"The Blessings of Recovery"

New Freedom Intergroup of OA is hosting the SOAR 8 Recovery Convention and Business Assembly

**March 17- 19, 2017
Jacksonville, Florida**

DoubleTree Riverfront Hotel
1201 Riverplace Boulevard
Jacksonville, FL 32207
(904) 398-8800
1-800 222-TREE (222-8773)
www.DoubleTreeJAX.com



[CLICK HERE](#) for more information and registration form.



NO FOOLIN'!!!

Food Plan / Forgiveness
Writing Workshop

April 1st · 1-3 PM

James Weldon Johnson Library
1059 18 Avenue South
St. Petersburg, FL

EVERYONE IS WELCOME

[CLICK HERE](#) for more information and registration form.

4th Step OA Workshop

**Thursday, April 20th
5:30 - 8:00 PM**



5:30 meeting then workshop ...
Please bring a cold dinner ...

St. Cecelia's Church
820 Jasmine Way
Clearwater, FL 33756

Suggested Donation of \$6.00
No one turned away!!!

Questions: JC 813-240-8572

OA Fellowship Event Jewelry and Beading



**Saturday, May 13th, 2017
1:00-3:00 P.M.**

(10:00 A.M. meeting prior to event)

WHERE:

2021 Nebraska Ave
Palm Harbor, FL 34683

\$6.00 for Jewelry Making Supplies

Bring your lunch and beverage!!!

Contact Sarah B. (860) 796-6333 or
sjcbrown16@yahoo.com



**PINELLAS TRADITIONS INTERGROUP
INVITES YOU TO THE SEVENTH ANNUAL
OA FRANCISCAN CENTER RETREAT**

"INSPIRED"

JULY 21 – 23, 2017

[CLICK HERE](#) for more information and registration form.

Save the Date!!! 2017 SOAR8 Fall Assembly



October 13th-15th

Hosted by,
Miami-Dade & the Keys Intergroup

More information on all of these events may be found on our website at <http://oapinellas.org>

PINELLAS COUNTY MEETING LIST

March 2017

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen (727) 781-2597 Joan (727) 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting ★ Speaker Abstinent 90+ Days	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. & Highland – entrance on Belleair)</i>	Mary (727) 595-6644
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom D 1200 7th Ave. N., St. Petersburg <i>(Jackson Street entrance)</i>	Cynthia (561) 254-3642
Tues	9:00 AM OA#54726	Abstinence NEEDS SUPPORT	Daily Readings Open Discussion	REBOS Center – Friendship Baptist Church 4001 74 th St. N., St. Petersburg	Harland (727) 667-4743
Tues	7:00 PM OA#53878	Back to Basics NEEDS SUPPORT	Literature/Discussion	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Jim F. (949) 463-0837
Tues	7:00 PM OA#54697	Living In Today	Step/Lifeline/Daily Reader/ BB/Leader's Choice	Northwood Presbyterian Church – Rm #4 2875 State Road 580, Clearwater	Lee (727) 480-4821
Tues	7:00 PM OA#54346	The Mile Stretch Meeting NEEDS SUPPORT	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Chris (727) 688-9823
Wed	12:30 PM OA#52863	Message Carriers	Open Discussion	Metro Center 3251 Third Ave. N., St. Petersburg	Ellen L. (727) 381-8043
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch NEEDS SUPPORT	Open Discussion	<i>On the beach in front of the snack shack</i> 15100 Gulf Blvd., Madeira Beach <i>(Bring a chair)</i>	Linda H. (727) 647-8280 Donna D. (727) 480-0865
Wed	7:00 PM OA#54502	You Are Not Alone NEEDS SUPPORT	12 & 12 Study	Terra Nova <i>(Small room with green door)</i> 7550 40th St. N., Pinellas Park	Cynthia (561) 254-3642
Thur	10:30 AM OA#53015	Hope NEEDS SUPPORT	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole <i>(Back of church near the office)</i>	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting	First Presbyterian Church 455 Scotland St., Dunedin <i>(Downtown Dunedin)</i>	Tamar (727) 796-5878 Laurie (727) 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Recovery ★ through the Steps and Traditions - 90 Days Meeting	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc (727) 319-4321
Thur	7:00 PM OA#46183	First Fellowship	1-Step/ 2-Speaker/ 3-Lit/ 4-Big Book/5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Beth P. (813) 486-9324
Fri	6:45 AM OA#54674	Fresh Start	Voices of Recovery For Today	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. & Highland – entrance on Belleair)</i>	Phil L. (727) 754-0131
Fri	11:00 AM OA#53104	OA Amigos	English & Spanish Literature	Metro Center 3251 Third Ave. N., St. Petersburg	Margie C. (904) 322-1899
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Tiffany (727) 565-3136
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Joan R. (727) 785-9208
Sat	9:00 AM OA#36776	Great Reality NEEDS SUPPORT	Beginners	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Donna D. (727) 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat (727) 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey (727) 466-9277 Judy (727) 442-9234
Sat	10:30 AM OA#17950	Pasco Pioneers	1-Step/ 2-Big Book/ 3-Leader's Choice/ 4-Traditions/5-Brown Book	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#52497	Oldsmar Men's Group	Men's Meeting ★	Community United Methodist Church 207 Buckingham Ave., Oldsmar	Lee (727) 480-4821
Sun	6:00 PM OA#32923	Clearwater Oasis	Big Book (90 day) ★	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Chrissy (813) 377-5332 Michelle (314) 378-9391
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Cora (813) 956-4642

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. ★ Closed Meeting - OA members only!

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings,

please go to: <https://www.oa.org/find-a-meeting> Pinellas Traditions Intergroup Website: <http://oapinellas.org>

Hotline #'s – Hillsborough & Pinellas: (813) 254-4190