OVEREATERS ANONYMOUS



Pinellas Traditions Intergroup Newsletter



Humility is not thinking

less of yourself,

but thinking

of yourself less.

- C.S. Lewis

Volume 11 - Issue 7

Our Trusted Servants

CHAIR:

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VICE CHAIR:

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Send Mail To:

Pinellas Traditions Intergroup PO Box 16582, Clearwater, FL 33766 Visit us online at oapinellas.org

Monthly Intergroup:

Pinellas Traditions Intergroup (PTI) meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be held:

Humbly asked Him to remove our shortcomings.

Step 7 ...Humility...

If you want to be Happy, practice Compassion. -Dali Lama

Seventh Step Prayer

"My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen."

AA Big Book p. 76

..... Step Seven calls for us to adopt an attitude of humility."

DA 12 & 12, page 59

I didn't think I could muster up the attitude of humility necessary to work Step Seven and to proceed. Then I realized that I first practiced humility by admitting powerlessness in Step One, by admitting insanity (Step Two), by letting Ged take control (Step Three), by admitting defects (Step Four) and then by sharing the defects (Step Five). So I have been practicing humility. I just hadn't tripped over the word "humbly" before. Since I have been granted humility all along, this evidence confirms that I will be granted enough to continue the path of the Twelve Steps.

-Voices of Recovery, page 185



I am a wonderful person, I am a beautiful person, I love myself exactly as I am.



LIFE

14'5

all

about

balance

July 8, 2016 at 6:30 p.m.

Morton Plant Hospital 1st Floor – Tuttle D Auditorium 300 Pinellas St. / Off Harrison Clearwater, FL 33756

To receive monthly copies, or contribute to the Newsletter, please email the editor at newsletter@oapinellas.org. Contributions must be received by the first Friday of the month.

-Deepak Chopra

Concept 7 Balance

The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the WSBC are accorded to it by Tradition and by OA Bylaws, Subpart B.

The opinions expressed in this newsletter reflect those of the writer and do not represent OA as a whole. Serve your group by sharing your experience, strength and hope in this newsletter. Please submit your article to newsletter@oapinellas.org by the first Friday of the month for publication in the next month's newsletter.

"Not the Enemy"

I have not been in OA long, about two years. But because I am only 20, many of my experiences have been with OA alongside. I have noticed a recent emphasis from some members and groups on their food plans, in particular the exclusion of certain ingredients (flour, refined carbohydrates, or sugar). The theme of this sharing seems to be that one should become willing to let go of one more of these substances. This is not the only path.

While I am grateful to hear everyone's story, I know my path doesn't need to end with me letting go of anything (especially physical) to be a happy, grateful, non-compulsive OAer. Sugar and white flour, while possible poison for some, aren't the enemies.

However, I recognize the absolute necessity of member autonomy in food and in other aspects of program. If particular substances are the enemy for some members- with great glee for anyone working their program and having it work- I am free and willing to acknowledge the right of members to do what works for them, as I have the right to do what works for me.

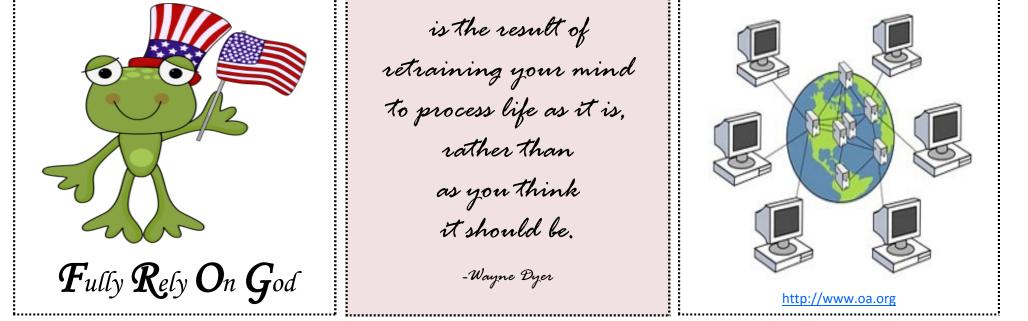
My experience tells me many different food-plan variations can work. A member's program and food plan are his or her own matter. The last thing I wish to bring about is a rift that causes controversy (oh, how I do like those Traditions--they are so smart!). I advocate a balanced presentation of feelings on recovery experiences, something akin to the three-legged-stool approach where physical, emotional and spiritual parts (at least!) must be addressed to give a full picture.

Thank you for your stories and shares. With love, the best of all, in all.

Jesse, Berlin, MA

-Reprinted from "Lifeline Magazine" May 2011, p. 18

Quotes from Craig:			Δ		
Low Jealousy	vs. High Trust	= Serenity	11		
Low Materialism	vs. High Spiritualism	= Serenity			
Low Selfishness	vs. High Unselfishness	= Serenity			
Low Impatience	vs. High Patience	= Serenity			
Low Complacency	vs. High Change	= Serenity			
Low False Pride	vs. High Humility	= Serenity	000		
Low Intolerance	vs. High Intolerance	= Serenity	THE RIGHT		
Low Self-will	vs. High God's will	= Serenity			
Low Dishonesty	vs. High Honesty	= Serenity	THNC		
Low Prejudice	vs. High Open-mindedness	= Serenity			
Low Unwillingness	vs. High Willingness	= Serenity			
Low Faithfulness	vs. High Faith	= Serenity	EVEN WHEN		
Low Resentment	vs. High Forgiveness	= Serenity			
Low Fear	vs. High Courage	= Serenity	ma amo		
Low Self-Centeredness	vs. High Service	= Serenity	()() ()()()		
Low Hate	vs. High Unconditional Love	= Serenity			
Low Rationalizing	vs. High Self-Truth	= Serenity	ALCOKINC?		
Low Self-Pity	vs. High Gratitude	= Serenity			
Happy Independence Day! <i>PEACE</i> Have you checked out OA WSO's new website? Change is good!					



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Abstinence in Action "Adventure" Fellowship

2016 -

For more information and flyers, PTI's Calendar of Events may be viewed online - <u>http://www.oapinellas.org/events.htm</u> $\star \star $								
Feb 24th-26th Florida State Convention Tampa Feb 24th-26th Florida State Convention Tampa								
2017 -	Florido Ctoto Convention	T						
Dec 10th	The 12th Step Principle: Service	Clearwater						
Nov 19th	IDEA Day (International Day Experiencing Abstinence)	Global						
Nov 18th-20th	OA Retreat at the Franciscan Center	Татра						
Nov 13th	Christmas Under the Oaks (Coachman Park)	Clearwater						
Oct 29th	Circus McGurkis	St. Petersburg						
Oct 1st	What Are The Concepts Anyway?	Clearwater						
Sept 24th	OA Writing Workshop / 1-3PM / St. Pete Library	St. Petersburg						
Sept 1st-4th	World Service Convention	Boston, MA						
Aug 20th	Bringing the Big Book Alive	Clearwater						
July 15th-17th	SOAR8 Assembly - "Diving Into The Steps"	St. Pete Beach						
July 14th	SOAR8 Assembly - Drop Off Boutique Items	St. Pete Beach						

Looking for a sponsor??? There are some people out there that are willing to sponsor by phone and/or email. By Phone: Julie O. 727-784-7958; Sandy 727-846-2100; Lynn E. 901-830-1092; Pat Mc 727-581-8201; Linda Mc 727-804-4610; Claudia 727-781-7411.

By Email: Sandy - utopiarevisit@yahoo.com; Julie O. - julianeob@yahoo.com; Linda Mc - lindaproductions@aol.com; Carol - carolsch@ptd.net; Jane T. jtorell78@gmail.com; Claudia bytelady@tampabay.rr.com. I'm hoping to add to this list as time passes. Try it, you might like it!

Do you know one of the easiest way to get OA information? In your email's Inbox ... Just send your email address to newsletter@oapinellas.org and you will be added to our mailing list to receive information about what is going on in OA. You will also receive the monthly newsletter, as well. If you are receiving the monthly newsletter now, you are already on the list, so you don't need to do anything. The list is private, which means it will not show your email address once you have been added to the mail list. So, if you're interested, please send us your address ASAP!

Send donations to PTI online on our very own webpage!!! \$\$\$ Please visit our donation page at http://oapinellas.org/donations.html You can now donate to Pinellas Traditions Intergroup online via PayPal or donate at your meeting's 7th tradition when they pass a basket. What a convenience!!!

SOARS News ... On July 14, 2016 ... Dolphin Beach Resort, 4900 Gulf Blvd., St. Pete Beach, FL

You will be able to drop off Boutique and Hospitality items from Noon - 4 PM on Thursday the day before the convention begins. People will be there.



When: Saturday, August 20, 2016 From 1pm to 4pm

Where: Friendship United Methodist Church 2039 Druid Rd. E., Clearwater, FL (Between Hercules & Belcher)

Donations: \$8 *No one turned away

50/50 Drawing: Tickets 1 for \$1 or 6 for \$5

Come at noon and bring your lunch and beverage

** For more Information please call Cora at 813-956-4642**

St. Petersburg Public Library, Johnson Branch 1059 18th Ave. S., St. Petersburg, FL 33705

Suggested Donation of \$5 or more to PTI to carry the message



Call Jeannette 248-534-0020 or Ruby 813-516-0782 for info



Saturday, October 1, 2016 12:30 PM to 3 PM



First Lutheran Church 1644 Nursery Road Clearwater FL 33756

Suggested Donation of \$5or more to PTI to help carry the message ...

Bring your friends!!!



Call JC at 813-240-8572

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PTI Meeting Minutes 5/20/16 - 6:30PM

Please note, discussions are loosely summarized; not quoted. Jessica substituted for JC, as Secretary, to take the Meeting Minutes. Ruby also took notes and tried to provide Jessica with a laptop since she only has an iPad, but couldn't remember password, so Julie lent Jessica paper to handwrite the notes. Please carefully compare Jessica's notes with Ruby's, as this was her first time, and there are a few confusing items, which need clarification.

Attendees: Jason J., Donna D., Cynthia, Jessica M., Shirley P., Dawn H, Chrissy M., Lee, Julie O., Jim L., Joan R., Tiffany R., Ruby H, Lynn E., Pat G.

Additions to Agenda:

- Joan Survey on Diversity, will read if there is time. Will discuss Inventory as well, if there is time.
- Joan Gave info on Photo Booth and, if time, we will take a vote.
- Donna Wanted to speak but was asked to bring it up when New Business was discussed.

Open with the Serenity Prayer

This is a spiritual program so let's remember to keep principles before personalities, please.

Introduction & Representation from what meeting. Joan passed a sheet around for completion, given to Jessica for Secretary, JC.

Anyone new to Intergroup today? No newcomers or visitors.

Reading of 5th Step by Ruby, 5th Tradition by Tiffany, and 5th Concept by Julie.

Approval of Secretaries April Minutes, - approved. Joan apologized for having to cope with her brother's-in-law death. Ruby motioned to approve, Tiffany seconded, all in favor, no opposed, motion passed.

Changes to Agenda:

Add that the Treasurer's Report was approved; not just "moved to approve".

Bylaws: Article 4 states that it is not a meeting. The Bylaws have been passed and typos corrected. World Service is a Delegate; not a Representative. With changes, Ruby motioned to approve, Jason seconded, all in favor, no opposed, motion passed.

Treasurer's Report: Was emailed and receipt was confirmed. Lynn and Donna received hard copies. Treasurer reported we have \$1382, which includes \$512 in 7th Tradition donations and \$870 additional income (comprised of \$800 income from the FL State Convention and \$70 from the Men's Workshop on Integrity). Cynthia motioned to approve, Tiffany seconded, all in favor, no opposed, motion passed. Passed the 7th tradition.

Committees Break for 5 minutes.

COMMITTEE REPORTS:

Ways and Means – Donna reported there are \$20 sample bags to take back to meetings with 50 kinds of magnets, tool beads, buttons with the 3rd Step prayer, 7th Step prayer, and OA Promise. Blocks of wood, potholders, makeup and nail polish are also available for sale. Jessica bought a \$20 sample bag and borrowed the large magnet sample board from Donna to bring to all her meetings.

IGOR – Joan reported May 2016 Newsletter was sent out to all Intergroups in SOAR 8, All IGOR reps, and all PTI.

BYLAWS – Julie and Ruby updated, added and corrected we are now a 501c3, ARTICLE II PURPOSE, Section 1 purpose. They are reviewing the P&P's.

PIPO – Cynthia reported the \$795 allotted amount for this committee has already been spent or committed for the rest of the year. \$595 for registrations, \$175 for literature, supplies, duct tape, and an easel sign. April 16 PIPO Workshop at Pinellas Park Library. They had a craft table with God boxes and duct tape to make bracelets, as well as items to make bookmarkers. They also provided water and had display tables with literature. There were members who spoke and shared on their recovery, experience, strength and hope. Overall, there were 19 attendees and 2 newcomers. Also, there was a booth at the Y, which Cynthia and Michelle manned. It was very overwhelming because a member did not show. But it was a great success, reaching lots of youth. Jason has been placing ads on Craigslist since his first day in PTI. There are 26 ads altogether, which are updated every other day, with approximately 50 metatags, which are search words, like "diet", "obesity", "weight", etc. Jason uses the PI and PO suggested formats for placing the ads. Tiffany's main goal is to reach youth because she is raising children herself and she sees how they have been affected. She has a 2-year relationship with BOGI (?) and 4-5 years with Azalea Middle School. She wants to start an after school program meeting, but the Principals are changing and the old one was very supportive but she will need to reach the new one to be as supportive. Also, a teacher must be involved, but she will keep us posted.

TSW – Lee reported May Men's meeting hosted a workshop at Friendship United Church, Step 5 Principle of Integrity with three speakers sharing on spiritual, emotional, and physical recovery. June 11th Action Plan @ Marge Porter Building at Turning Point of Tampa, 1-3pm. July 15-17th, Soar 8 Convention, Possible picnic fellowship event, Sat., August 20th - Bringing the Big Book to Life at Friendship United Church on Druid Road, Clearwater, 1-4pm. The church will be open at noon to bring lunch, if desired. Flyers are available for this event. September 24th – Writing Workshop, 1-3pm St. Pete Public Library Johnson Branch 1059 18th Ave S, St. Pete 33705.

FL State Convention Report – Julie (Mary T. is the other Rep, not present) stated that they met on April 30th to discuss new guidelines. Also, Theme "Together we can be Joyous, Happy and Serene in 2017" was approved. Location will be at the Holiday Inn Westshore Blvd and Cypress in Tampa, Feb 24 – 26. The evaluation for huggers/greeters improved, notebooks were exchanged, PTI Intergroup in charge of Hotel and Program – We need 4 main speakers, see Julie or Mary T. Topics for speakers will be announced/approved at the FL State Convention Meeting, directly after the conclusion of the SOAR 8 Convention.

-continued on next page-

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July 2016 ______

OLD BUSINESS:

- 1. Treasury position has been passed on from Jason Johns, who took over for Sam in Dec 2014 until now, May 20th, to Ruby Hayn. The application was completed by Ruby. Tiffany made a motion to approve, Donna seconded the motion, all were in favor, except Jessica, who chose not to vote, motion passed. Ruby Hayn is the new Treasurer until December of 2017. Jason thanked everyone for allowing him to be of Service. Every-one thanked Jason for a wonderful job in Service.
- Bylaws Ruby stated that they forgot to put in the Bylaws that once a person becomes Chair, they cannot be a Rep. Committee chairs have the vote once that happens. We are going to keep it at 2 Reps per meeting. ARTICLE III Section 3, All in favor of changing bylaws. ARTICLE IV Meetings, Section 6, Intervals between meetings. Ruby moved to change. Also inserted 501c3 Section I Purpose in compliance with IRS code of 1954. ARTICLE 8 Nominating Committee, who has the voice and their qualifications, defines what PTI is. We all voted to ARTICLE 3, Sections 1 and 2. Will send to Trustee, Linda H. first and look at P&P division. Will go to the website. P &P How to, Bylaws Rules.
- 3. Scholarships. #3 and #2 front and back of application. Page 1 will be in P&P. No response for volunteers to be on the committee. There are 4 members on the committee, which was established by Joan. The qualification is they must have 6 months of continuous abstinence. Do we want to know who they are and do we agree with the process? Ruby gave an outline and Joan gave the application directions, such as applicants should have at least six (6) months of active/continuous group attendance. They should attend at least 2 (2) Intergroup meetings. Once before the early registration deadline and one following the event. They are asked to please do service at the event. If the event is a SOAR 8 Recovery and Business Assembly, it is suggested that they attend a committee meeting in the Business Assembly (A PTI Region 8 Representative can help). It is required that the applicant submit a written summary report and present it at the next PTI meeting after the event, to include what service was provided. Applicant is also asked to email the report to the newsletter editor at <u>newsletter@oapinellas.org</u>. The scholarship is open to any OA member that would like to attend any OA related conventions and retreats. The application must reach the treasurer of PTI before the early registration date on the event flyer. The application can be emailed to <u>treasurer@oapinellas.org</u>, given in person to PTI Treasurer at meeting, or may be mailed to <u>_?</u>.

The treasurer will provide a copy of the application to the committee for consideration. Scholarships will be dispersed depending on the funds available. Some may be partially funded, with a cap of \$200. Shirley and Cynthia wanted to verify their email addresses because they were not receiving any information. Donna clarified that some individual meetings have scholarships as well, so if applicants wanted to, they could double dip. Joan moved to approve the scholarship application guidelines, Julie seconded the motion, Lee wanted discussion, Donna opposed, motion passed.

- 4. Paid \$100 rent for PTI Meeting room. Joan proposed to pay again in December, making 2 payments per year.
- 5. P O Box Ruby made a motion to locate the PO Box in close proximity to the Treasurer, Jason seconded the motion, no one opposed, motion passed. Right now the PO Box is at Countryside Village and is \$41 for 6 months.
- 6. Any other old business? Jim passed around the copies of "How to Make Motions" and asked if he could make a gentle reminder of crosstalk and other rules being broken, such as not addressing Madam Chair and not introducing ourselves with our name and "compulsive overeaters" before addressing the group. All agreed, but I don't believe a motion was made, seconded or passed.

NEW BUSINESS:

- 1. Vice Chair Tiffany gifted cute magnets lovingly handmade from clothespins, thanking each member for their service to PTI. She also added pics to the WS flyer. (Not sure what flyer it is exactly, tried to call her, no answer. Asked Ruby and Joan, but they weren't sure).
- 2. Julie applied for a scholarship last month. Cynthia made a motion to approve, Tiffany seconded the motion, all in favor, no opposed, motion passed. No mention of what the scholarship was for or the dollar amount requested.
- 3. Franciscan Center Team we need volunteers, please take this message to your home groups. It will be held November 18-20, 2016 (or 2017?, as stated in the last meeting minutes.)
- 4. Unity with Diversity Survey from SOAR 8 Joan asked if we had any types of special interest groups we would like to see for meetings. Jason suggested a lap band/gastric bypass group.
- 5. Inventory 12 Step Within completed.
- 6. Jessica reminded Donna she had a New Business item to discuss, but she changed her mind.
- 7. Ended with the Serenity Prayer at 8:10pm.
- 8. No tabled items!

Pinellas Traditions Intergroup - 7th Tradition

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available online, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page. Please click the button located below or visit our website at http://oapinellas.org/donations.html to send in a donation today.

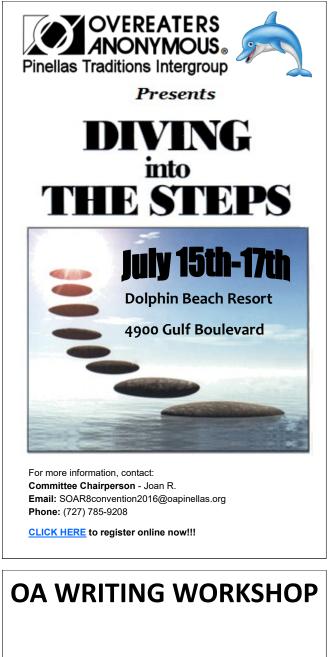
Your generosity is greatly appreciated!!!



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Our OA 7th Tradition states that: "Each group ought to be fully self-supporting, declining outside contributions."

Upcoming Events



Interactive Workshop on this important recovery tool.

Saturday, September 24th - 1PM to 3PM

1059 18th Ave. S., St. Petersburg, FL 33705



When: Saturday, August 20, 2016 From 1pm to 4pm

Where: Friendship United Methodist Church 2039 Druid Rd. E., Clearwater, FL (Between Hercules & Belcher)

Donations: \$8 *No one turned away

50/50 Drawing: Tickets 1 for \$1 or 6 for \$5

Come at noon and bring your lunch and beverage

** For more Information please call Cora at 813-956-4642**

What are the Concepts anyway?

Bring your lunch for fellowship after the 10:30 meeting then stay for workshop on the OA Concepts. How we conduct business.

12:30 PM to 3 PM

1644 Nursery Road





November 18th - 20th



PINELLAS COUNTY MEETING LIST

July 2016

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
DAT					
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen 781-2597 Joan 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days	Friendship United Methodist Church 2039 E. Druid St., Clearwater (Between Belcher & Hercules)	Mary 595-6644
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom B 1200 7th Ave. N., St. Petersburg (Jackson Street entrance)	Cynthia (561) 254-3642
Tues	7:00 PM OA#53878	Back to Basics	Discussion ★	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Jim F. (949) 463-0837
Tues	7:00 PM OA#46184	RELAPSE- Prevention & Recovery	Abstinence no matter what!	Windmoor Health Care of Clearwater 11300 U.S. 19 North, Clearwater	Linda Mc 804-4610 Donna D. 480-0865
Tues	7:00 PM OA#54346	The Mile Stretch Meeting	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Chris (727) 688-9823
Wed	12:30 PM OA#52863	Message Carriers		Metro Center 3251 Third Ave. N., St. Petersburg	Ellen L. 381-8043
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch	Open Discussion	On the beach in front of the snack shack 15100 Gulf Blvd., Madeira Beach (Bring chair)	Linda H. 647-8280 Donna D. 480-0865
Wed	7:00 PM OA#Pending	Terra Nova	12 & 12 Study	Terra Nova 7550 40th St. N., Pinellas Park	Cynthia (561) 254-3642
Thur	10:30 AM OA#53015	Норе	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole (Back of church near the office)	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting	First Presbyterian Church 455 Scotland St., Dunedin (Downtown Dunedin)	Tamar 796-5878 Laurie 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Recovery ★ through the Steps and Traditions - 90 Days	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc 319-4321
Thur	7:00 PM	NEW Meeting Time!!! First Fellowship	1-Step/ 2-Speaker/ 3-Lit/4-BB/5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Beth P. (813) 486-9324
Fri	11:00 AM OA#53104	OA Amigos NEEDS SUPPORT	English & Spanish Literature	Metro Center 3251 Third Ave. N., St. Petersburg	Margie C. 828-9711
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Tiffany 452-4061 James 303-1804
Fri	6:00 PM OA#Pending	Back in the Day OA	Speaker / Literature	Prince of Peace Lutheran Church 455 Missouri Ave., Largo	Felice 400-6523
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Joan R 785-9208
Sat	9:30 AM OA#36776	Great Reality	Beginners	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Donna D. 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey 466-9277 Judy 442-9234
Sat	10:30 AM OA#17950	Pasco Pioneers	PASCO COUNTY This meeting now affiliated with our Intergroup	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#52497	Clearwater Men's NEEDS SUPPORT	Men's Meeting	Friendship United Methodist Church 2039 E. Druid St., Clearwater (Between Belcher & Hercules)	Joel M. (703) 609-5110
Sun	6:00 PM OA#32923	Clearwater Oasis NEEDS SUPPORT	Big Book (90 day) ★	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Chrissy (813) 377-5332
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Lynn E. (901) 830-1092 Cora (813) 596-4642

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. * Closed Meeting - OA members only!

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium OA World Service Telephone: 505-891-2664 Website: http://www.oa.org To find telephone or online meetings, please go to: <u>https://www.oa.org/find-a-meeting</u> Pinellas Traditions Intergroup Website: <u>http://oapinellas.org</u> Hotline #'s – Hillsborough & Pinellas: (813) 254-4190

REVISED: July 2016