

Seeking Emotional Balance



Understanding Nature's Response to Emotional imbalance

Saturday, February 22, 2025

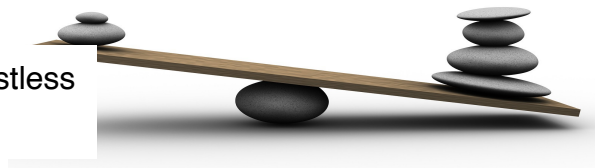
12:00pm - 2:00pm

Palm Harbor Presbyterian Church

2021 Nebraska Ave, Palm Harbor

Following our regular 10:00-11:00am Saturday morning OA meeting.
Bring your lunch and eat with us if you wish.

Overeat, Restrict, Restless
Irritable, Discontent



Stress, Fear, Resistance,
Anger, Resentment

A \$5.00 donation is greatly appreciated to defray cost of expenses.