



Step 5: Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Overeaters Anonymous		May 2013	
PO Box 6202		www.oapinellas.org	
Clearwater, FL 33758			
Pinellas Traditions Intergroup meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be:			
Friday, May 17, 2013 at 6:30PM			
Morton Plant Hospital			
1st Floor – Tuttle D Auditorium			
300 Pinellas Street / Off Ft. Harrison			
Clearwater, FL 33756			
Our Trusted Servants Are:			
Dawn	Chair	(727) 743-7590	boobalah63@aol.com
	Vice Chair		
Toni	Treasurer	(727) 504-8918	toni_weigel@yahoo.com
Sam A.	Secretary		
Joan R.	Newspages Editor	(727) 785-9208	russelljo1@verizon.net
To receive monthly copies, or contribute to the Newspages email the editor at newspages@oapinellas.org			
Contributions must be received by the first Friday of the month.			

Tradition 5: Each group has but one primary purpose - to carry its message to the compulsive overeater who still suffers.

The opinions expressed in this newsletter reflect those of the writer and do not represent OA as a whole. Serve your group by sharing your experience, strength and hope in this newsletter. Please submit your article by the first Friday of the month for publication in the next month's newsletter. Email: newspages@oapinellas.org

"After I completed Step Five, many of my fears diminished, my attitudes changed, and my defects troubled me less. Simply sharing my defects with a trusted confidante caused these changes in me. I believed that the darker side of my emotions gave me little in common with others. After Step Five, I felt more a part of this world. For the first time, I could see the struggles of others and find compassion in my heart for them. We were not better or worse than each other. Didn't we all deserve the benefit of the doubt?

I had much work to do, but others had drawn the road map and I became willing to ask for directions. Without the barrier of shame, my path didn't seem quite so desolate or lonely."

"God, grant me the willingness to see my imperfections as a means of getting closer to others and to You."

Voices of Recovery Pg. 80

"Abstinence in Action "Adventure" Fellowship"

May 17-19 Anna Maria Getaway for info, Toni 504-8918

June 2 11am-4pm OA Picnic, Riverhills Park Temple Terrace 813-997-5451

July 12-14 SOAR 8, Boca Raton

August 2-4 Franciscan Center Retreat

August 29-Sept 1 World Service Convention, Cleveland, OH

November 15-17 SOAR 8, Jacksonville

Chair Chatter May 2014

I would like to thank the members of the intergroup for allowing me to serve as your World Service Business Conference Delegate again this year. I am always in awe at the OA unity and willingness to serve at this Business Assembly. I enjoyed seeing all the friends that I met the last few years again at this conference.

This year I was asked to serve as a speaker at the 12th Step: What Message Are We Carrying workshop. It's always an honor to be selected to do a workshop. I have to say I was a bit nervous to stand at a microphone in front of a room filled with people and give the workshop, then I had to give a report at the assembly about the workshop.

I also had to give a 5 minute speech to the assembly, with a 10 minute Q & A before the vote for Region 8 Trustee. I was the only candidate, but I needed half of the votes to get elected. I am happy and honored to say that I am your new Region 8 Trustee!

The business we attended to was what the Intergroups voted on to put in the motions and amendments. Our intergroup did that in March. Not all of them made the cut.

Here's what did:

Proposal Item A-A: Adopted. This is new literature, For Today E workbook.

Proposal Items A, L, M: A was adopted, this motion was to change the wording in the last paragraph of our preamble to read: Our primary purpose is to abstain from compulsive eating and to carry the message of recovery through the 12 steps of OA and to those who suffer. The changes on L & M failed.

Proposal Item E - This proposal was adopted to reflect our policy on anonymity.

Proposal Item F - This was adopted on the consent agenda to reflect the change of wording in policy 1980c (Amended 2002) to read as such: In OA all events sponsored by registered OA groups and service *bodies* referenced in Bylaws, Subpart B, provided they uphold the Twelve Traditions, be placed in the WSO calendars upon request of the sponsoring body.

Proposal Item G - Adopted on the consent agenda to include all the words service bodies, instead of intergroups, regions, and service boards.

Proposal Item H -Adopted on the consent agenda to include the words service bodies in WSBC Policy 1992a.

Proposal Item I - Adopted to reflect the change in wording from will to may. "OA, Inc. *may* accept a bequest from the will of a deceased member in cash or cash equivalent. There is no limit in amount if such bequest".

Proposal Item J - Adopted to expand the existing Unity with Diversity policy to recognize that the diversity of the Fellowship goes beyond diversity in individual approaches to working the OA program. The new paragraph reads: The Fellowship encourages and promotes acceptance and inclusivity. All are welcome to join OA and are not excluded because of race, creed, nationality, religion, gender identity, sexual orientation or any other trait that may create the perception of a minority.

Proposal Item K - Adopted on the consent agenda. WSBC Policy 1991a (amended 2003) to read: The Conference committees listed Subpart B, Article XI of the Overeaters Anonymous, Inc. Bylaws should confer with the corresponding board committees.

Proposal Item 2 - Adopted to clarify the maintenance of a healthy body weight must be current at the time of the election. To reformat current items d), e), and f) and the "Additional qualifications" comment into items 10 to 40 under the title of "Regional Trustees," since that is to whom items pertain.

Proposal Item 3 - Adopted to clarify that the virtual services trustee position is similar to a regional trustee rather than a general trustee.

Proposal Item 4 - Adopted to clarify the term of office for the virtual services trustee, and the length of time a trustee may serve on the BOT without rotating out of service.

Proposal Item 5 - Adopted explicitly to state the process for nominating a virtual services trustee.

Proposal Item 6 - Adopted to elect the virtual services trustee according to the same bylaws criteria already stated for regional and general service trustees. To specify order of the election among these categories. To enable elections for the next category of trustee to go forward in the event a position for the previous category of trustee is declared vacant.

Proposal Item 7 - Adopted to amend the section leading sentence to indicate how trustees are chosen, and to add "virtual services trustee" to the list of delegates.

Proposal Item 8 - Adopted to affirm the process by which the BOT may appoint a member to serve as virtual service trustee should a vacancy in the position occur between World Service Business Conferences.

That is a synopsis of the motions that passed, some we worked on failed.

Here is a count of the groups world wide:

Overeaters Anonymous, Inc.

Service Body Information Report

5/7/2013

Total number of meetings affiliated with IG/SB: 5,593

Total number of meetings unaffiliated: 1,011

Total number of meetings: 6,604

Total number of telephone meetings: 187

Note: Telephone/online meetings are included in the Total number of meetings count.

The workshops and forum were amazing. I got so much out of this conference to bring back to our intergroup. The strategic plan for the conference for the past few years (2008-2013) was Abstinence Awareness, which I think we have done on a regional level. Question.....is our group meetings promoting abstinence awareness?

The strategic plan for the next few years (2014-2020) is Primary Purpose.

Again I want to thank you for having the confidence in me to elect me as your Region 8

Trustee! I also want to say that this will be my last chair chatter.....part of being the Trustee is giving up PTI. They require you to stop all service above the group level.

Dawn B. will be stepping up as your new chair. Come to the next intergroup meeting and see what's going on in our county!!

Love N Hugs,

Linda H.

Pinellas Traditions Intergroup

Beginning Balance **\$6,656.85** Submitted by Toni Weigel
 Receipts 26-Apr-13

\$375.25
Total \$7,032.10

Disbursements

\$112.58
 \$37.53
 \$29.97
Total \$180.08

Beginning Balance **\$6,656.85**
 \$375.25
\$180.08

Ending Balance \$6,852.02

PTI Scholarship Funds

PTI General Funds \$6,852.02

OA#	Name	Amount	PTI 60%	WSO 30%	Region 8 10%
48303	Voices of Recovery	\$36.00	\$21.60	\$10.80	\$3.60
46182	Just for today		\$0.00	\$0.00	\$0.00
1530	Search out Serenity		\$0.00	\$0.00	\$0.00
47788	Focus on Abstinence	\$61.18	\$36.71	\$18.35	\$6.12
46184	Principles		\$0.00	\$0.00	\$0.00
10359	Madeira Beach bunch	\$ -	\$0.00	\$0.00	\$0.00
40873	Keys to Freedom		\$0.00	\$0.00	\$0.00
49784	Steps to Freedom	\$144.07	\$86.44	\$43.22	\$14.41
51708	Beginners in Action		\$0.00	\$0.00	\$0.00
46183	First Fellowship		\$0.00	\$0.00	\$0.00
49602	Nitty Gritty	\$ -	\$0.00	\$0.00	\$0.00
9412	PTI Intergroup	\$14.00	\$8.40	\$4.20	\$1.40
36776	Great Reality		\$0.00	\$0.00	\$0.00
45426	First Fellowship		\$0.00	\$0.00	\$0.00
52497	CLW Men's group		\$0.00	\$0.00	\$0.00
27235	Saturday Serenity		\$0.00	\$0.00	\$0.00
49012	Joy of Abstinence	\$ -	\$0.00	\$0.00	\$0.00
32923	Clw Oasis	\$120.00	\$72.00	\$36.00	\$12.00
Totals		\$375.25	\$225.15	\$112.57	\$37.53

Quarterly Appeal

PINELLAS COUNTY MEETING LIST

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker *	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen 781-2597 Joan 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion *	Jewish Community Center 5023 Central Ave., St. Pete 33710	Linda H. 647-8280 fdnymom@msn.com Ann G 212-399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days *	Friendship United Methodist Church 2039 E. Druid St., Clearwater (Between Belcher & Hercules)	Stephanie 442-9855
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance *	St. Anthony's Hospital, Classroom B 1200 7th Ave. N., St. Petersburg (Jackson Street entrance)	Cynthia 561-254-3642 MaryLou 727-323-6880
Tues	7:00 PM OA#46184	Principles	Steps & Traditions Meeting *	Windmoor Health Care of Clearwater 11300 U.S. 19 North, Clearwater	Linda Mc 804-4610 Donna D. 480-0865
Tues	7:30 PM OA#52602	Big Book Meeting	Big Book Study *	Northwood Presbyterian Church 2875 State Road 580, Clearwater	Beth M. 452-6139
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch	On sand on the beach * (Bring chair and look for flag on pole)	15100 Gulf Blvd., Madeira Beach On the beach in front of the snack shack -- bring a chair	Linda H. 647-8280 fdnymom@msn.com Donna D. 480-0865
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting *	First Presbyterian Church 455 Scotland St., Dunedin (Downtown Dunedin)	Pat 733-6858
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Steps 1, 2, 3 (90 Day Meeting) *	St Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc 319-4321 Stephanie 442-9855
Thur	7:00 PM OA#51708	Beginners In Action	1-Step/ 2-Traditions/ 3-Big Book/4-OA Brown Book/5-Speaker *	Anona United Methodist Church 13233 Indian Rocks Road, Largo	Dawn 743-7590
Thur	7:30 PM OA#46183	First Fellowship	1-step/ 2-speaker/ 3-lit/4-BB/5-Lifeline *	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Diane S. 781-1814
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book *	Unity Christ Church 6168 First Ave. N, St. Pete	Theresa D. 459-0837
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome *	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Linda H. 647-8280 fdnymom@msn.com
Sat	9:30 AM OA#36776	Great Reality	Beginners *	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Linda H. 647-8280 fdnymom@msn.com Donna D. 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting *	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book *	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey 466-9277 Judy 442-9234
Sat	4:00 PM OA#52497	Clearwater Men's	Men's Meeting	Friendship United Methodist Church 2039 E. Druid St., Clearwater (Between Belcher & Hercules)	Ron E. 727-584-4522 Joel M. 703-609-5110
Sun	6:00 PM OA#32923	Clearwater Oasis	Big Book (90 day) **	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Claudia 781-7411 Stephanie 442-9855
Sun	6:30 PM OA#49012	Joy of Abstinence	Leader/Discussion *	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Ann K. 251-0133

*All meetings are open meetings **OA members only

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.aa.org>

To find telephone or online meetings, please go to: <http://www.aa.org/membersgroups/find-a-meeting/>

Hotline #'s - Hillsborough: (813) 254-4190; Pasco: (813) 842-7840; Pinellas: (727) 647-8280