



**Step 3: Made a decision to turn our will and lives over to the care of God
*as we understood Him.***

Overeaters Anonymous

March 2013

**PO Box 6202
www.oapinellas.org
Clearwater, FL 33758**

**Pinellas Traditions Intergroup meets every third Friday of the month. EVERYONE is welcome to attend.
The next meeting will be:**

**Friday, March 22, 2013 at 6:30PM
Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas Street/off Ft. Harrison
Clearwater, FL 33756**

Our Trusted Servants Are:

Linda H.	Chair	(727) 647-8280	<u>fdnymom@msn.com</u>
Dawn	Vice Chair	(727) 743-7590	<u>boobalah63@aol.com</u>
Toni	Treasurer	(727) 504-8918	<u>toni_weigel@yahoo.com</u>
????	Secretary		
Joan R.	Newspages Editor	(727) 785-9208	<u>russelljo1@verizon.net</u>

To receive monthly copies, or contribute to the Newspages email the editor at newspages@oapinellas.org
Contributions must be received by the first Friday of the month.

**Tradition 3: The only requirement for OA membership is a desire to stop
eating compulsively.**

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The opinions expressed in this newsletter reflect those of the writer and do not represent OA as a whole. Serve your group by sharing your experience, strength and hope in this newsletter. Please submit your article by the first Friday of the month for publication in the next month's newsletter. Email: newspages@oapinellas.org
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Chair Chatter March 2013

"Made a decision to turn our life and our will over to the care of God as we understood Him." [Step 3]

Do you turn your will over to God each day? Each day is a new beginning for me. I turn my life and will over to His care. I feel safe and protected that way. In many ways Billy was my safe place and protector...Today I have to rely on God and the fellowship. He keeps my fears away and gives me the strength to go through my day to day life. If I didn't have that I would most likely crumble into a ball on my couch with a bag in one hand and a bottle in the other. Thank you God for my willingness to surrender!

I'm writing this in Feb.....So it's hard to think ahead to March...I know that the Florida State Convention is approaching and I am looking forward to attending with all my fellow OAer's. I hope you got to go...It is such a great motivator for your program if you're having difficulty...even if you're not having difficulty. I enjoy all the workshops and listening to the different stories of recovery. This Convention is all recovery which is nice for me. I'm usually on the business end of a convention.

Don't forget the Memphis SOAR8 Convention March 15 to 17.. There's still time to send in your registration.

Last IG we sat through a boring, but informative :-)) reading of the proposed Motions and Addendum to the Bylaws, that we voted to put on the agenda, for the upcoming WSBC agenda. Thank you to those of us who made it through! Our vote will be counted at the World Service Business Conference.

Our Ways and Means Committee came up with ways to spend some of our money.

We awarded scholarships to the Memphis SOAR 8 convention.

We are still looking for a Secretary to fill the post. Thank you Dawn for doing double duty as VC and taking notes!

We are having our 3rd Annual Retreat the first weekend in August. They would like to start advertising our retreat, so this intergroup (DATE CHANGE 3/22) we will discuss topics for the retreat. Please feel free to come to the meeting and give your thoughts....or email me with your suggestions at fdnymom@msn.com. I hope you can join us! This is your fellowship and you have a right to participate in the vote for your group. We should all be heard..come join us.

Hope you have a great abstinent day!

Thank you for letting me serve!

Linda H.

Group Checkup: Does your group have a monthly group conscience? How about yearly? Consider choosing a month in which your group has five meetings in one month. Make the fifth meeting a group conscience meeting. Arrange for a member who understands the Twelve Traditions to run the meeting and another member to take notes. "The OA Handbook for Members, Groups and Service Bodies" will help. Question 20, "How do group problems get solved?" helps good groups get better. Here are some suggestions to get your group started: write down items members would like to discuss, group like items together; ask for points of clarifications; ask for pros and cons; take a vote, if applicable; repeat these steps until there is a collective unanimity. This means that everyone who wants to participate should do so. It also means that everyone should agree or nothing changes. Communication can be the most important outcome. The yearly group conscience is about evaluating the group and practicing the Traditions.

Edited and reprinted from Today newsletter, St Louis Intergroup, April 2012.

"Abstinence in Action "Adventure" Fellowship"

March 15-17 SOAR 8 in Memphis - \$200 Scholarship available on oapinellas.org, if interested - Fill out and bring to PTI meeting.

April 18-21 Free camping trip at Fort White

PTI has a set of the SOAR 8 November Convention CD's that will be raffled off in April. Hopefully, there will be someone in your group selling raffle tickets, \$1 each or 6 for \$5. Tickets are also available at Intergroup meetings. There is an extra set that will be set up for lending out through Donna D, if interested, please call her.

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PINELLAS COUNTY MEETING LIST

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker *	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen 781-2597 Joan 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion *	Jewish Community Center 5023 Central Ave., St. Pete 33710	Linda H. 647-8280 fdnymom@msn.com Ann G 212-399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days *	Friendship United Methodist Church 2039 E. Druid St., Clearwater <i>(Between Belcher & Hercules)</i>	Stephanie 442-9855
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance *	St. Anthony's Hospital, Classroom B 1200 7th Ave. N., St. Petersburg <i>(Jackson Street entrance)</i>	Cynthia 561-254-3642 MaryLou 727-323-6880
Tues	7:00 PM OA#46184	Principles	Steps & Traditions Meeting *	Windmoor Health Care of Clearwater 11300 U.S. 19 North, Clearwater	Linda Mc 804-4610 Donna D. 480-0865
Tues	7:30 PM OA#52602	NEW Big Book Meeting	Big Book Study *	Northwood Presbyterian Church 2875 State Road 580, Clearwater	Beth M. 452-6139
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch	On sand on the beach * <i>(Bring chair and look for flag on pole)</i>	15100 Gulf Blvd., Madeira Beach <i>On the beach in front of the snack shack -- bring a chair</i>	Linda H. 647-8280 fdnymom@msn.com Donna D. 480-0865
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting *	First Presbyterian Church 455 Scotland St., Dunedin <i>(Downtown Dunedin)</i>	Pat 733-6858
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Steps 1, 2, 3 (90 Day Meeting) *	St Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc 319-4321 Stephanie 442-9855
Thur	7:00 PM OA#51708	Beginners In Action	1-Step/ 2-Traditions/ 3-Big Book/4-OA Brown Book/5-Speaker *	Anona United Methodist Church 13233 Indian Rocks Road, Largo	Dawn 743-7590
Thur	7:30 PM OA#46183	First Fellowship	1-step/ 2-speaker/ 3-lit/4-BB/5-Lifeline *	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Diane S. 781-1814
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book *	Unity Christ Church 6168 First Ave. N, St. Pete	Theresa D. 459-0837
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome *	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Linda H. 647-8280 fdnymom@msn.com
Sat	9:30 AM OA#36776	Great Reality	Beginners *	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Linda H. 647-8280 fdnymom@msn.com Donna D. 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting *	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book *	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey 466-9277 Judy 442-9234
Sat	4:00 PM OA#52497	Clearwater Men's	Men's Meeting	Friendship United Methodist Church 2039 E. Druid St., Clearwater <i>(Between Belcher & Hercules)</i>	Ron E. 727-584-4522 Joel M. 703-609-5110
Sun	6:00 PM OA#32923	Clearwater Oasis	Big Book (90 day) **	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Claudia 781-7411 Stephanie 442-9855
Sun	6:30 PM OA#49012	Joy of Abstinence	Leader/Discussion *	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Ann K. 251-0133

*All meetings are open meetings **OA members only

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org>

To find telephone or online meetings, please go to: <http://www.oa.org/membersgroups/find-a-meeting/>

Hotline #'s - Hillsborough: (813) 254-4190; Pasco: (813) 842-7840; Pinellas: (727) 647-8280