Step 6: Were entirely ready to have God remove all these defects of character. Is our work solid so far? Are the stones properly in place? Have we skimped on the cement put into the foundation? Have we tried to make mortar without sand?

Alcoholics Anonymous page 75

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**Overeaters Anonymous**

**June, 2009**

PO Box 620
Clearwater, FL 33758

Pinellas Traditions Intergroup meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be:

Friday, May 15, 2009 at 7:00 PM
Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas Street
Clearwater, FL 33756

Our Trusted Servants Are:

Karen C Chair 727-533-8403 kcornacchia@tampabay.rr.com
Linda Mc Vice Chair 727-804-4610 lindaproductions@aol.com
Stephanie D Treasurer 727-442-9855 hpsendhelp@hotmail.com
Linda H Secretary 727-394-7639 fdnymom@msn.com
Betsey Corr. Sec. 727-466-9277

To receive monthly copies, or contribute to the newspapers email the editor at: panews@yahoo.com
Contributions must be received by the second Friday of the month.

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Tradition 6: An A.A. Group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
Soar 8 Delegates Report
Trustee Report by Charles
Stable as far as groups are concerned
2 new groups: 1 in Venezuela and 1 High Ridge in North Carolina

Secretary Report by Joel I.
Groups can now update their Certificate of Eligibility electronically and send it to Joel. The form is on the website. You can also change your status on a Region 8 Committe electronically to Joel.

Treasurer Report by Karen C.
Please note your group number on all money sent to Region 8, so your group can be duly noted, it also cuts down on time for the treasurer to look up all these numbers.
We pay no taxes, only services charges for the non-profit status.

5 Emergency Motions

Motion $150 to provide extra funding for shipping of treasury’s documents
Karen – Region 8 Treasurer
To pay shipping cost of treasury documents from former treasurer.
Documents must be retrieved so that they can be reviewed and stored.

Cost $150
Passed

Create a separate board supported assemblies
Karen C Region 8 Treasurer
To create fund who functions is receiving and expending funding
For board supported assemblies

Implementation
To create a general fund category to correctly amount for earmarked received post even
Cost $0.00

This motion is tabled for clarification
Vote 24 out of 38 to TABLE it.

Board Motion
Motion for an emergency funding override of $900.00 to contract with professional web
Designers to rebuild SOAR 8 website.

Burt of the Publication Committee
Joel I - Region 8 Secretary

To fix and simplify the Region 8 website which is not working properly.

Passed
Motion to override the WSBC Delegate Line item in the budget up to $1000.00 to fund additional WSBC Delegate.

Karen C. Region 8 Treasurer

Fund additional regional delegate WSBC just for this conference 5/4-10/09, to include a representative from Columbia, South America.

Increase the WSBC Delegate budget line item $1000.00

Passed

Emergency #3
Move to temporarily suspend policy 6.1 #4, #6, #9 and #10 to allow the board to appoint an additional Regional Delegate
To the WSBC Region 8 Board

To enable the Board to over ride the WSBC 2009 line item budget to include the additional delegate.

Passed

A Spanish Colombian Website on OA Region8.Org

IGOR – P & P Changes continued

Ways and Means Chair
  Review Cruise Info
  Review Products
    New Products- Book buddies and denim Big Book covers (these will be sold at the WSBC 2009)
  
  Fund Raising
  100 Book Buddies
  Tea Caddies
  Book Covers

Publications
  P & P is updated on the website
  Redefine position
  Clarify off season
  Manuals
  Remote Access
  Lifeline

Created Vice Chair
  Subcommittee Chair to:
  Define and redefine procedures and technologies
  Book that follows the chair
Rebuild websites
10 Rep. limit for Remote Access
Speaker to Speak from Miami At Atlanta
Enhance Remote Capabilities, 20 were discussed

Professional Outreach PIPO
Tri Fold @ every convention
Better Communicators to Harriet
To prepare her report
Rosanne CD – for sale
Speaker at Medical Schools
Lifeline Subscription to Dr’s office
OA Newsletter – committee
Mini flyer – for Atlanta
PIPO way
Outreach business Assemblies
Radio Station
Professional Outreach Packet
Obtained from WSO

IGOR  Reach out to the Atlanta Region 8
Rep Funding available for those intergroups

YOUNG PEOPLE
Process to approve the presentation
Process to be approved
Packets for professionals geared towards young people
Email loop (like the Spanish Speaking Loop)
To Get involved in online meetings
Young People 18 – 25 are the suggested age criteria
Link to Website
Request a packet

12th Step Within Committee
Raised $3703 for scholarship fund, Leapin To Little Rock.
New scholarship fund will be for "Walk in Memphis" March 2010.
Check out our webpage at oaregion8.org under the heading reports.

Respectfully submitted by Claudia C. and Linda H.
This information was compiled by Claudia C and Linda H. your Region 8 business representatives.
Thanks Claudia for your great note taking!!!
Upcoming Events:

Central Florida Intergroup

Presents

Our Annual Fall Retreat

October 16-18, 2009

Lake Yale Conference Center

39034 County Road 452

Leesburg, FL 34788

Watch for registration brochures at your meeting.

Save the Date

March 19-21, 2010

Greater Memphis Area Intergroup

Invites you to

“Walking in Memphis:
12 Stepping Away the Blues”

For More Information visit

www.caregion8.org or oamemphis.org or call Nina 901-275-8272
Pinellas Traditions Inter-Group

Minutes for March 20, 2009

Meeting called to order 7:10 p.m. * Serenity Prayer * Concept 3 read by Joan * Tradition 3 read by Cynthia

OLD BUSINESS

● Linda Mc. Read previous minutes...Minutes accepted as read.
● Treasurer’s report.....accepted as printed.
● Audit will be done before next inter-group by Stephanie, Karen, Linda Mc., & Linda H.
● Judy S. is the new editor for our news pages. The same address (oanews@yahoo.com) will be used for all new articles and if you want to subscribe to the news pages by email. Please make announcements

NEW BUSINESS

● Wendy will go to the Florida State Convention meeting in Orlando on April 4, 2009, in place of Linda H. Linda H. has already submitted the report to the Chairperson in order to receive our money.
● There is a new meeting in Tarpon Springs, see flyer online or in the news pages. Please announce the meeting at your meetings.
● Open for discussion: Our inter-group was invited by Suncoast inter-group, to do the program for the upcoming Business Assembly and Convention, for 10% of the profit. There were many questions posed to Karen about this undertaking by our members. After much consideration, questions were given to Karen so she could respond to their request in a timely manner.
● Cynthia made a motion to extend the time of the meeting. Motion accepted.
● Should we continue the placemats in restaurants? Tabled the vote until we could choose different restaurants available.
● Should we attend Christmas Under the Oaks this year? It will be Sunday Nov 15, 2009 (only one day this year) from 9 to 4. Should we sell crafts? Motion to attend...passed.
● Motion to close the meeting 8:15.....passed.
● Closed with the Serenity Prayer.
...Trudging the road of Happy Destiny...
Is food a problem for you?     Try OA-Overeaters Anonymous

<table>
<thead>
<tr>
<th>MEETING LIST</th>
<th>LOCATION</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PHONE MEETINGS:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 10:15 AM</td>
<td>Just For Today</td>
<td>Lutheran Church of the Resurrection</td>
</tr>
<tr>
<td>Mon 12:00-1 PM</td>
<td>Voices of Recovery</td>
<td>Jewish Community Center</td>
</tr>
<tr>
<td>Mon 7:00 PM</td>
<td>Focus on Abstinence</td>
<td>Friendship United Methodist Church</td>
</tr>
<tr>
<td>Mon 7:15 PM</td>
<td>Search Out Serenity &quot;SOS&quot;</td>
<td>St. Anthony's Hospital, Classroom F, E 1207 7th Ave. N., St. Petersburg</td>
</tr>
<tr>
<td>Tues 6:45 PM</td>
<td>Tuesday Lifeline</td>
<td>This meeting is inactive, but may move to a new location...stay tuned for upcoming changes.</td>
</tr>
<tr>
<td>Wed 6:45 PM</td>
<td>Madeira Beach Beach Bunch</td>
<td>On beach behind Archibald Building 15100 Gulf Blvd., Madeira Beach</td>
</tr>
<tr>
<td>Wed 7:30 PM</td>
<td>Renewed Hope</td>
<td>Anona United Methodist Church 13233 Indian Rocks Road, Largo</td>
</tr>
<tr>
<td>Thur 6:00 AM</td>
<td>Wake Up Call</td>
<td>Bon Secours Maria Manor, Conf. Rm. 10300 4th St. N., St. Petersburg</td>
</tr>
<tr>
<td>Thur 11:00 AM</td>
<td>Key to Freedom</td>
<td>First Presbyterian Church 455 Scotland St., Dunedin (Downtown Dunedin)</td>
</tr>
<tr>
<td>Thur 5:30 PM</td>
<td>Steps to Freedom</td>
<td>St Cecelia's Church, Room A 820 Jasmine Way, Clearwater</td>
</tr>
<tr>
<td>Thur 7:00 PM</td>
<td>Abstinence First</td>
<td>Call for directions St. Petersburg</td>
</tr>
<tr>
<td>Thur 7:30 PM</td>
<td>First Fellowship</td>
<td>Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor</td>
</tr>
<tr>
<td>Fri 6:00 PM</td>
<td>Nitty Gritty</td>
<td>Unity Christ Church 6168 First Ave. N., St. Pete</td>
</tr>
<tr>
<td>Fri 6:00 PM</td>
<td>A Step Up</td>
<td>Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater</td>
</tr>
<tr>
<td>Fri 7:00 PM</td>
<td>Pinellas Tradition Intergroup Meeting</td>
<td>Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater</td>
</tr>
<tr>
<td>Sat 9:30 - 11 AM</td>
<td>Great Reality</td>
<td>Pinellas Park Public Library 7770 52nd St. N., Pinellas Park</td>
</tr>
<tr>
<td>Sat 10:00 AM</td>
<td>First Fellowship</td>
<td>Palm Harbor Presb Church 2021 Nebraska Ave., Palm Harbor</td>
</tr>
<tr>
<td>Sat 10:30 AM</td>
<td>Saturday Serenity</td>
<td>First Lutheran Church 1644 Nursery Rd, Clearwater</td>
</tr>
<tr>
<td>Sun 6:30 PM</td>
<td>Joy of Abstinence</td>
<td>Gulfport Neighborhood Center 1617 49th St. S., Gulfport</td>
</tr>
<tr>
<td>Sun 6:00 PM</td>
<td>Clearwater Oasis</td>
<td>Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater</td>
</tr>
</tbody>
</table>

*OPEN TO ALL
**OA MEMBERS ONLY

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Hotline #s - Hillsborough: 813-254-4190; Pasco: 813-842-7840; Pinellas 727-327-4555; Tri-County 800-544-6353

OA website: www.overeatersanonymous.org or World Services Telephone 505-891-4320

Pinellas Traditions Intergroup meets the third Friday of each month, 7:00PM, at Morton Plant Hospital, 1st Floor, Tuttle D Auditorium

**Special Topic**