

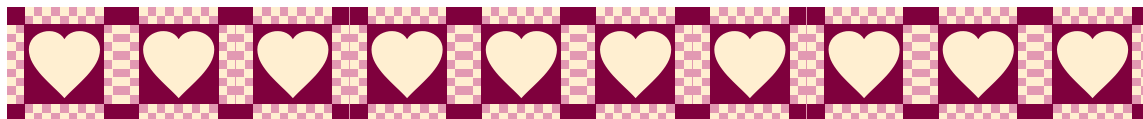


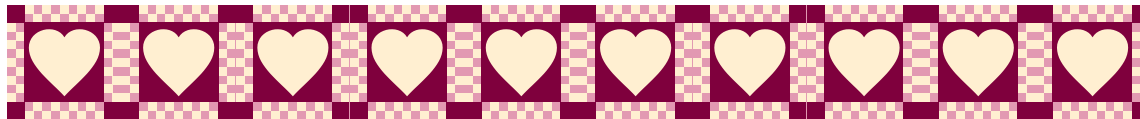
Step 2: Came to believe that a Power greater than ourselves could restore us to sanity. When we look with complete honesty at our lives, we see that where eating is concerned we have acted in an extremely irrational and self-destructive manner.

Twelve Steps and Twelve Traditions of Overeaters Anonymous, page 9

Overeaters Anonymous PO Box 6202 Clearwater, FL 33758	February, 2010 www.oapinellas.org
Pinellas Traditions Intergroup meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be:	
Friday, February 19 at 7:00 PM Morton Plant Hospital 1st Floor – Tuttle D Auditorium 300 Pinellas Street Clearwater, FL 33756	
Our Trusted Servants Are:	
Karen C	Chair 727-533-8403 kcornacchia@tampabay.rr.com
Claudia	Vice Chair 727-781-7411 bytelady@tampabay.rr.com
Linda H	Treasurer 727-442-9855 fdnymom@msn.com
Sam	Secretary 727-394-7639 samrnmsw@hotmail.com
Betsey	Corr. Sec. 727-466-9277
Judy S.	Newspages editor 727-442-9234 vieweton@aol.com
To receive monthly copies, or contribute to the newspapers email the editor at: oanews@yahoo.com Contributions must be received by the second Friday of the month.	

Tradition 2: For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.





Pinellas Traditions Intergroup presents
THE 50TH ANNIVERSARY PARTY OF O.A.
AND.....YOU'RE INVITED

TO HAVE SOME FUN IN RECOVERY

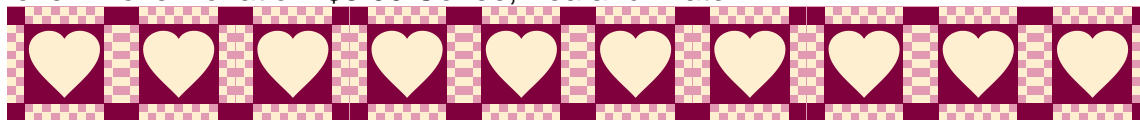
WHEN: Saturday Jan. 16, 2010 from 1 to 4 p.m.

WHERE: Friendship United Methodist Church

2039 E. Druid, Clearwater (between Hercules and Belcher) at Canterbury.

There will be early OA pamphlets, I Put My Hand In yours by Rozanne and a special mystery speaker!

Enjoy a sing along to OA songs, a 50/50, a silent auction and let's not forget our bargain boutique! Come spend an afternoon and enjoy the camaraderie with the friends we love! Love Donation: \$5.00 Coffee, Tea and Water



This is a fund raiser for our 12th Step Within and Ways and Means Committees

OA TOOLS

WORKSHOP

Saturday February 20, 2010

9:30 am - 2:30 pm

Friendship United Methodist Church

2039 E. Druid (between Hercules & Belcher)

Clearwater, FL 33764

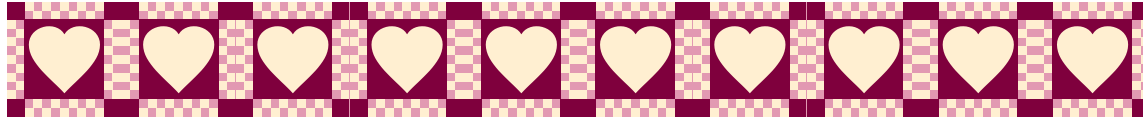
*** * * 3 SPEAKERS from OUT-OF-TOWN with * * ***



Years of Abstinence talk about the tools and share their stories

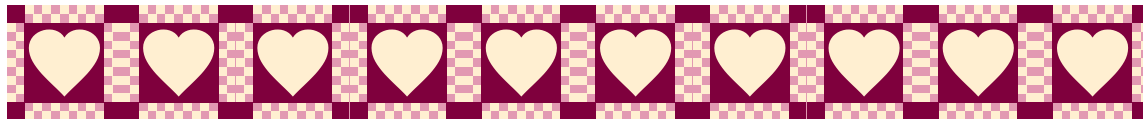
(Treat yourself for Valentine's Day)

Boutique BRING Your Lunch. Microwave & water available.



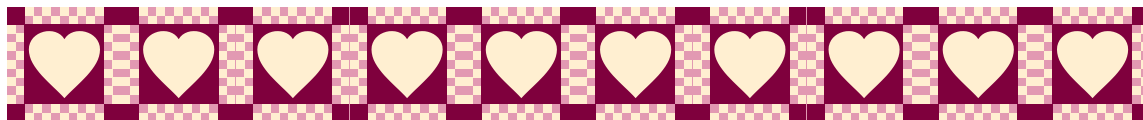
**OVEREATERS ANONYMOUS
PROUDLY PRESENTS
THE FLORIDA STATE CONVENTION 20TH ANNIVERSARY
TOGETHER WE CAN SURRENDER TO WIN IN 2010**

February 26-28, 2010
Cocoa Beach Hilton Oceanfront
1550 N. Atlantic Ave
Cocoa Beach, FL 32931
1- 800 445-8667 (reservations only)
321- 799 0003 (direct number)



**Save the Date
March 19-21, 2010
Greater Memphis Area Intergroup
Invites You to
“Walking in Memphis:
12 Stepping Away the Blues”
For more information visit**

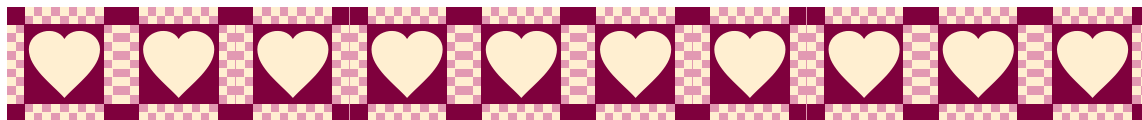
www.caregion8.org or camemphis.org or call Nina 901-275-8272



PTI Minutes Friday 11/20/09

- In attendance: Stephanie, Karen, Linda Mc, Linda S., Sam, Judy, Ann, Betsy, Donna D., Charlene
- Meeting started at 7:03 pm with the Serenity Prayer lead by Karen
- OA concepts and 11th tradition read by Linda Mc
- Sign in sheet started; newspapers and agenda distributed
- Motion to accept letter from secretary/rep. for Region 8 page 5: Stephanie made a motion to accept the minutes; motion second by Linda Mc
- Treasure balance of \$3680.03 by Stephanie

- Sam made a motion to accept amended Treasurer's report: Linda Mc second; all in favor
- Stephanie announced she will step down as treasurer asking someone to think about taking over for Treasurer
- Treasurer nominations/voting next month
- Christmas under the oaks report by Karen: gave out 30-40 lifelines, 15 questions and meeting lists; 4 people there to spread the word; Karen opened discussion for questions; cost was \$70 for event; good to get our name out there in the public; Karen is willing to go back next year
- Linda S spoke about going to SOAR 8 convention in Tampa; report will be in the newspapers next month; shared about selling water bottles and spreading the word about the importance of the 7th tradition
- Elections for Secretary and Vice Chair tonight; one Vice Chair nominee could not be here tonight due to work - Karen asked group if we want to table elections to next month or vote tonight; P&P read by Linda Mc that nominees must be present during voting
- Motion made that we table the elections until next month to have all elections next month; Sam second - all in favor - elections will be next month
- Karen made Region 8 rep nominee application forms (made 10 copies) for elections next month; we qualify for 2 reps for Soar 8 and 2 reps for World Service
- Discussion about how many meetings in Pinellas county; the Thursday womens meeting in St. Pete has closed; we have a total of 19 meetings in Pinellas county
- Linda Mc passed out copies of P&P for review; corrections made page 3-1 to spelling of treasurer; everyone in agreement to take line out on page 3-2 regarding unsubmitted receipts; two week notification (nomination corrected to notification) changed; open discussion about travel reimbursement wording; means of travel needs to be booked (flight) 2 weeks prior to travel time; all in favor for changing the wording regarding travel reimbursement
- Meals reimbursement wording discussed and changes agreed upon
- P&P changes completed; motion made to accept by Stephanie and second by Ann; all were in favor
- Karen discussed our intergroup in the Soar 8 who are now chair members (2) and board members; Sam is Chair of Ways & Means Committee; Linda H. is Chair of the 12 Step Within Committee; Stephanie is Chair of Soar 8 and Karen is Treasurer of Soar 8
- Karen discussed scholarships for 'Walking In Memphis'
- Thanksgiving morning Friendship Church will have a 1000 meeting
- Stephanie made a motion to adjourn, Karen second the motion - all in favor
- Meeting ended at 7:56 pm with the Serenity Prayer.



PTI Minutes

Dec. 18, 2009

7:15 Serenity Prayer, Sam read the concept, Tradition was read

Stephanie went over the budget for 2009 and the projected budget 2010.

No 6:00 p.m. Friday meeting at Morton Plant.

Old Business

- Linda Mc put together the changes for the Policy and Procedure manuals. Please read.
- Elections were postponed last month.
- We have nominations for 3 positions
 1. Treasurer- Linda H.
 2. Vice Chair- Linda Mc, Claudia
 3. Secretary- Sam

New Business

Voted in:

Claudia S. Vice-Chair

Linda H. Treasurer

Sam A. Secretary

Stephanie thanked the outgoing board members for a job well done.

- 2 Region 8 nominees for representatives
 1. Claudia,
 2. Linda Mc.
 3. Judy S. Alternative

WSBC Delegate – Linda H., Karen C.,

Karen and Linda voted in 5 Pro 2 Abstain

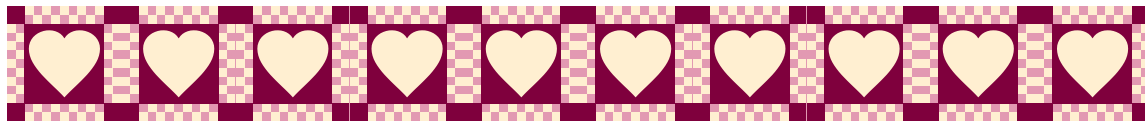
Karen will send in the new SOAR 8 representatives electronically.

The group interviewed Karen and Linda H. about why they wanted to serve as a delegate for the WSBC.

Karen gave an example of why she wanted to be a GST. So she can have a voice in the works of OA.

Stephanie won the prize!

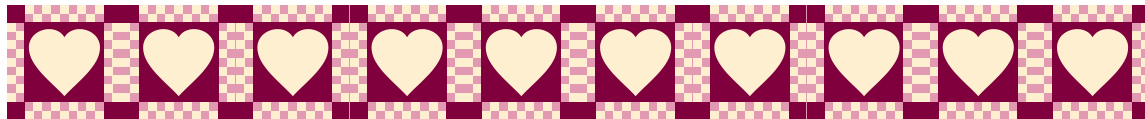
Meeting ended with the Serenity Prayer 8:15



Editor's note:

To find additional phone and/or online meetings, please go to <http://www.oa.org> and follow the links to: *Find a Meeting*.

Js



Please pray for all OA'ers both in and out of these rooms.

Keep coming back!