



Step 8: Made a list of all persons we had harmed, and became willing to make amends to the all. We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves.

Big Book of Alcoholics Anonymous, page 76

Overeaters Anonymous

**PO Box 6202
Clearwater, FL 33758**

August, 2010

www.oapinellas.org

Pinellas Traditions Intergroup meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be:

**Friday, August 20 at 6:30PM
Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas Street/off Ft. Harrison
Clearwater, FL 33756**

Our Trusted Servants Are:

Karen C	Chair	727-533-8403	kcornacchia@tampabay.rr.com
Claudia	Vice Chair	727-781-7411	bytelady@tampabay.rr.com
Linda H	Treasurer	727-647-8280	fdnymom@msn.com
Sam	Secretary	727-458-3668	samrnmsw@hotmail.com
Betsey	Corr. Sec.	727-466-9277	betseymorgan@aol.com
Judy S.	Newspages editor	727-442-9234	vieweton@aol.com

To receive monthly copies, or contribute to the newspapers email the editor at: oanews@yahoo.com
Contributions must be received by the second Friday of the month.

Tradition 8: Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.



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“As OA members we may donate many hours of service to each other: sponsoring, speaking at meetings, and doing necessary committee and other service work. For this none of us receives payment in money. Our reward is something money can’t buy – our own personal recovery.”

I witnessed this service at the recent Region 8 Recovery Convention/Business Assembly in New Orleans. Here was a small Intergroup, COLA, hosting this weekend giving service from the boutique and registration, to the rides to and from the airport and entertainment. There were many challenges, but to participate with other food addicts/compulsive overeaters and come together to do the business of Region 8 was remarkable. There were so many obstacles, but I watched as we all tried to do multiple tasks, jump in when needed, and know that ultimately God is in charge. Most of us walked away knowing that we did our best to get the job done.

I am so proud of our Intergroup - there were so many of us there, some serving as committee chairs or board members. There were members attending the recovery convention and speaking at workshops. We had two newcomers with partial scholarships who brought two more newcomers with them. This is service.

My recovery is directly proportional to the service I do. If you are wondering, “what can I do” come to PTI to listen and participate. The theme that ran through this weekend was “FUN IN ABSTINANCE”; it was evident and demonstrated over and over again that we are not a GLUM LOT.

Respectfully submitted,

Karen C.

Chairman PTI



PTI Minutes June 18, 2010

- Meeting started at 6:38 pm with the serenity prayer
- In attendance: Karen, Linda H., Judy, Sam, Anne G., Claudia, Dawn, Marissa, Stan
- Judy read the OA 7th tradition
- Dawn read the OA 7th concept
- Karen opened meeting: Any amendments to the treasurers' report? None reported by Linda H.
- Any corrections to the secretary's notes? None noted.
- Old business:
 - 2 applications for scholarships via mail - called a quick board meeting to resolve for early registration - board agreed to honor the 2 applicants we received - report from Linda H. regarding what finances are available for scholarships - \$200 available to split among the 2 recipients
 - Region 8 rep for New Orleans - we have only one alternate - our funds are going down - thought to send one rep to New Orleans - we can send 2 for Orlando in November
 - New meeting list options - passed around 2 options of styles for meeting lists - discussion
 - Decided to table discussion on WSO regarding 12 step within handbook as well as table discussion on lifeline subscriptions
 - Discussion of having folders for P&P for each meeting - P&P will be available for each meeting and one for the board - discussion on how to distribute the folders for each group - we will keep a record of how many groups have the P&P and will be available by September - motion made to make the copies in September - second - all in favor - will keep the 15 we have and print new ones in September when school is open and copying is less expensive
 - Claudia discussed hotel sites for SOAR 8 convention in November 2011 - Sirata Hotel, Tradewinds Hotel, Sandkey Sheraton, Dolphin Hotel - group discussion
- New Business:
 - Fund raising discussed with Karen and Linda H - possible garage sale at a church with donated items for sale - Karen will look into availability with the friendship church - weekend of October 2nd - motion made and all in favor
 - October 15-16th retreat at Bethany Center in Lutz - OA retreat - \$150 all inclusive - Linda H. and Claudia are contacts
 - Group discussion on trying to have the November 2011 business convention in St. Pete/Clearwater area
 - Discussion about financially supporting the OA website for nearby intergroups
 - Gay pride festival next Saturday - discussion to have OA flyers at the festival - Karen will talk to Marion about having more flyers available - asking for volunteers to man the table - parade from 11-12 and booths open from 12-4
 - Voted on option of new meeting list - will have original meeting list placed in a tri-fold style pamphlet
- Meeting motion made- all in favor - meeting adjourned with the serenity prayer at 7:40 p.m.



PINELLAS TRADITIONS INTERGROUP

Treasurer's Report as of June 30, 2010

*Beginning Balance	\$2,393.44
Receipts	
Meeting Donations	\$749.55
PTI Scholarship fund	\$81.96
Freedom IG website donation	\$30.00
Total	\$861.51
Disbursements	
Christmas Under the Oaks	\$60.00
Southwest airlines/SOAR8 Rep 7/10	\$280.40
C.O.L.A./Scholarship distribution	\$170.00
Claudia/ SOAR 8 Reg & Banq. 7/10	\$85.00
Newspages	\$18.76
WSO Donation	\$218.88
Region 8 Donation	\$72.94
Freedom IG Phone split	\$16.00
Total	\$921.98
Beginning Balance	\$2,343.94
Receipts	\$861.51
Sub Total	\$3,205.45
Disbursements	\$921.98
Ending Balance	\$2,283.47

PTI Scholarship Fund	\$104.44
Donation	<u>81.96</u>
	\$186.40
Disbursed	<u>170.00</u>
	\$ 16.40

Meeting Donations for June 2010						
#	Day	Name	Amount	PTI	WSO	Region 8
49784	Thurs	Steps to Freedom	52.00\$	\$31.20	\$15.66	\$5.20
47788	Mon.	Focus on Abstinence	70.26\$	\$42.16	\$21.02	\$7.00
27235	Sat.	Sat. Serenity	54.00\$	\$32.40	\$16.20	\$5.40
49602	Fri.	Nitty Gritty	33.75\$	\$20.25	\$10.13	\$3.39
32923	Sun.	Clearwater Oasis	149.54\$	\$89.72	\$44.87	\$14.95
10539	Wed.	Madeira Beach Bunch	50.00\$	\$30.00	\$15.00	\$5.00
49012	Sun.	Joy of Abstinence	5.00\$	\$3.00	\$1.50	\$0.50
36776	Sat.	Great Reality	100.00\$	\$60.00	\$30.00	\$10.00
46182	Mon.	Just For Today	100.00\$	\$60.00	\$30.00	\$10.00
45426	Sat.	First Fellowship	50.00\$	\$30.00	\$15.00	\$5.00
9412	Fri.	PTI	15.00\$	\$9.00	\$4.50	\$1.50
46183	Thurs	First Fellowship	50.00\$	\$30.00	\$15.00	\$5.00
Total			\$729.55	\$ 437.73	\$218.88	\$72.94

World Service Convention



Join us for OA's 50th Anniversary at the 2010 World Service Convention. Click [here](#) for a tentative workshop schedule. Registration forms registration will be available in January 2010. Please check back regularly for updated Convention information.

REGISTER FOR THE CONVENTION ONLINE! Now Playing- 50 Years of OA Recovery

August 26-29, 2010
Hilton Los Angeles Airport Hotel
Los Angeles, California USA

Interested in receiving the latest updates on Convention? [Click here](#) to contact us. Select "Conference/Convention" as the subject and let us know that you'd like to join the Convention mailing list. Include your full name (will be kept confidential), state or country and email address.

Convention Registration Now Open!

To register for the Convention, please download the [Convention registration form](#). Online registration is [available here](#). Download the [registration rates flyer](#) to distribute to your groups.

Full Registration

Includes access to all workshops and general sessions from Thursday – Sunday, tote bag and Convention pin

Early Bird Rate (by July 2, 2010)	110 USD
July 3-August 6, 2010	140 USD
Onsite (After August 6, 2010)	150 USD

Registration forms will be processed until August 6, 2010. After this date, all registrations will be process onsite and at the onsite registration fee.

REGISTER FOR THE CONVENTION ONLINE!

Daily Registration

Includes access to all workshops and general sessions for day purchased and Convention pin ONLY

Thursday (August 26, 2010)	40 USD
Friday (August 27, 2010)	50 USD
Saturday (August 28, 2010)	70 USD
Sunday (August 29, 2010)	40 USD

For a summarized agenda, please refer to the downloadable [Schedule of Events](#).

Banquet (separate cost from all registration fees)

Includes dinner, entertainment, speaker, dance

Banquet Fee	50 USD
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For a detailed menu, please refer to the downloadable [Convention Banquet menu](#).

REGISTER FOR THE CONVENTION ONLINE!

OA World Service Convention Lodging Now Open!

Hilton Los Angeles Airport Hotel
5711 W. Century Blvd.
Los Angeles, CA 90045 USA
1-800-445-8667 (US/Canada)
1-310-410-4000 (Local/International)

Group Code: WSC

To reserve your room online, please [click here](#).

Reservations must be made by August 1, 2010. Please reserve your refrigerator (one-time fee of 40 USD) at the time you place your reservation. Rates are available from August 19 – September 1, 2010.

Need a Roommate? Contact the WSO at 505-891-2664 or conventioninfo@oa.org.

Lodging Rates (rates do NOT include taxes, currently at 14.065%)

Single/Double Occupancy – 129 USD per night

Triple/Quad Occupancy - 139 USD per night

NOTE: Meals are NOT included in the lodging rate.

Accommodations require a credit card to guarantee a room. If you do not have a credit card to hold your reservation, a deposit may be required. Please contact Hilton LAX for instructions.

Cancellations are required 24 hours before the arrival date. A first night's room cost will be charged if cancellation is not made before the 24-hour arrival date.

Spread the Word!

Download the [Hotel Information flyer](#) and distribute to your groups.

Questions about Convention? Contact [the WSO](#) or call 505-891-2664.



September 23–26 Amelia Island, Florida: Northeast Florida Intergroup recovery convention, “Finding the Treasure,” Amelia Hotel at the Beach, 1997 South Fletcher Avenue; Ethel 1-904-477-6313; email: ehamelia@gmail.com; Web site: www.oanortheastflorida.com



DO YOU HAVE H.A.T.S?

HONESTY ABSTINENCE TRADITIONS STEPS

SUNCOAST and PINELLAS TRADITIONS INTERGROUP

Presents

2010 Fall Retreat

October 8-10, 2010

Bethany Center

18150 Bethany Center Dr.

Lutz, Florida 33558

Bethanycenterfl.org 813 960-6300

- Take I-275 North to Tampa Take Exit Ramp for Tampa International Airport
- Follow signs for SR-60 West / SR-589 (toll) / Veterans Expwy
- Take right center lane onto SR-589 (toll) Veterans Expwy (about 14 Miles), including stops for (2) toll booths. Road name change to Suncoast Parkway the last mile before you exit the road
- Take Exit 14 RIGHT toward Van Dyke Rd / CR-685A (.3 miles)
- Turn RIGHT (east) onto CR-685A / Van Dyke Rd (1.4 miles)
- Turn LEFT (north) onto Lake Reflections Blvd (.6 miles)
- Turn LEFT (south) onto Fall Creek Dr (.1 miles)
- Turn LEFT (west) onto Pheasant Woods Dr (.1 miles)
- Turn RIGHT (north) at 18150 Bethany Center Drive Lutz, Florida 33558

Bring your best or funniest hat and come join us for a weekend of reading, writing, understanding and fun!
Special speakers, workshops, meetings, 50/50 drawing, re-sale boutique*, experience, strength, and hope!
Registration for complete week-end (5 meals plus 2 nights lodging) \$160.00

Day Trippers

Individual meals: Friday night dinner \$20.00

Saturday breakfast \$10.00

Saturday lunch \$14.00

Saturday dinner \$20.00

Sunday breakfast \$10.00

Love Donation \$10.00

Contacts: Linda 727 647 8280

Claudia 727 781 7411

WATCH FOR THE REGISTRATION FLYER AT MEETINGS!

Contact: Linda H. 727-394-7639, fdnymom@msn.com

Claudia S. 727-781-7411, bytelady@tampabay.rr.com



Save the Date:



Christmas Under the Oaks, Coachman Park, Sunday, November 14.



Hi everyone,

Being the Region 8 12th Step Within committee chair, I get to go to the Business Assembly and Convention as a funded chair. This is my passion. I love working with the committee to get the message out. This quarter we are trying to start a grassroots campaign to connect with members from small intergroups and intergroups that have not hosted a Business Assembly and Convention. Our support is vital to their survival. We also are continuing with the intergroups collecting for a scholarship award to a member. The committee also writes articles for the SOAR 8 newsletter, and is posted on the Region 8 forum. The forum is a venue that you can access and keep up with the region 8 news and events. It's pretty simple..go the oaregion8.org click on the forum heading and create an id and password.

The committee also handles requests for email sponsors, requests can be made by contacting sponsors@oaregion8.org. We also supply a speaker list for speakers within the Region 8 area. You can contact the sub- committee chair at speakers@oaregion8.org. You're welcome to check it out!

See ya in Orlando....Great prices \$69.00/\$89.00 for a room for 4 depending on amenities.
Linda H.





Hello everyone,

I am really pumped over the newspapers going "green." This will save PTI about \$40 each month. But the really fun part is that I can include much, much more information, prayer requests, and event and meeting updates.

Please feel free to e-mail me at vieweton@aol.com with any entries that you would like included in YOUR newspapers.

Love,
Judy S.
Newspages Editor



The Serenity Prayer

God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.